Operational definition of a quantum speed limit

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(Received 2 October 2019; revised manuscript received 25 February 2020; accepted 19 May 2020; published 8 June 2020)

The quantum speed limit is a fundamental concept in quantum mechanics, which aims at finding the minimum time scale or the maximum dynamical speed for some fixed targets. In a large number of studies in this field, the construction of valid bounds for the evolution time is always the core mission, yet the physics behind it and some fundamental questions like which states can really fulfill the target are ignored. Understanding the physics behind the bounds is at least as important as constructing attainable bounds. Here we provide an operational approach for the definition of the quantum speed limit, which utilizes the set of states that can fulfill the target to define the speed limit. Its performances in various scenarios have been investigated. For time-independent Hamiltonians, it is inverse proportional to the difference between the highest and lowest energies. The fact that its attainability does not require a zero ground-state energy suggests it can be used as an indicator of quantum phase transitions. For time-dependent Hamiltonians, it is shown that, contrary to the results given by existing bounds, the true speed limit should be independent of the time. Moreover, in the case of spontaneous emission, we find a counterintuitive phenomenon that a lousy purity can benefit the reduction of the quantum speed limit.

DOI: [10.1103/PhysRevResearch.2.023299](https://doi.org/10.1103/PhysRevResearch.2.023299)

I. INTRODUCTION

Coherence and entanglement are important resources in quantum technology, especially in quantum information processing, quantum computation [\[1\]](#page-16-0), and quantum metrology [\[2,3\]](#page-16-0). However, the existence of decoherence limits the lifetime of these quantum resources, and now is a major obstacle for the development of quantum computers. Extending the coherent time and reducing the operation time with bounded energies are two common methods in general for this problem. To reduce the time for performing a quantum gate, the system needs to evolve as fast as possible, and the shortest time for performing a quantum operation or evolving a state to a target state is now referred to as the quantum speed limit (QSL).

The QSL has now been broadly used to characterize quantum dynamics [\[4–](#page-16-0)[18\]](#page-17-0). Specifically, they have found applications in open quantum systems [\[19–26\]](#page-17-0), e.g., in the identification of decoherence times [\[27,28\]](#page-17-0), as well as in quantum metrology $[29-31]$, quantum control $[32-36]$, and quantum information processings like the preparation of quantum states [\[37\]](#page-17-0). They have also been studied in nonequilibrium dynamics [\[38\]](#page-17-0), relativistic dynamics [\[39\]](#page-17-0), and non-Hermitian systems [\[40\]](#page-17-0). The recent introduction of speed limits in

classical systems [\[41–43\]](#page-17-0) suggests a unifying framework of both quantum and classical bounds using information geometry [\[44\]](#page-17-0). Novel numerical methods like machine learning [\[45\]](#page-17-0) have also been applied in the study of the QSL. A thorough review on the recent development of the QSL can be found in Ref. [\[11\]](#page-16-0).

For a pure state under unitary evolution, the evolved state $|\psi(t)\rangle = \exp(-iHt)|\psi(0)\rangle$, where *H* is a time-independent Hamiltonian of the system, $|\psi(0)\rangle$ is the initial state, and t is the evolved time. Here and in the following, \hbar is set to be 1. The most well-known scenario for the QSL is to evolve a pure state to its orthogonal state. In this case, the first bound for evolution time is $\tau_{MT} = \pi/(2\Delta H)$, where $\Delta H := \sqrt{\langle H^2 \rangle - \langle H \rangle^2}$ is the standard deviation of the Hamiltonian with $\langle \cdot \rangle$ the expected value. This bound was given by Mandelstam and Tamm in 1945 [\[4\]](#page-16-0), known as the MT bound today. Latter in 1998, Margolus and Levitin [\[5\]](#page-16-0) provided another bound for this scenario $\tau_{ML} = \pi/(2\langle H \rangle)$, which is known as the ML bound now. In 2009, Levitin and Toffoli [\[7\]](#page-16-0) proved that the combined bound of τ_{MT} and τ_{ML} is tight by assuming the ground energy is zero. However, this bound can only be attained by two-level systems with the specific states $\frac{1}{\sqrt{2}}(|E_0\rangle + e^{i\phi}|E_1\rangle)$ ($|E_0\rangle$, $|E_1\rangle$) are the energy eigenstates and $\phi \in [0, 2\pi]$ is a relative phase) [\[11\]](#page-16-0). For a more general target, this bound was numerically extended to $\tau_{\rm C} =$ max $\{\frac{\mathcal{A}}{\Delta H}, \frac{2\mathcal{A}^2}{\pi \langle H \rangle}\}$ by Giovannetti, Lloyd and Maccone [\[6](#page-16-0)[,29\]](#page-17-0), with $\overrightarrow{A} = \arccos f$ the Bures angle, as well as the target angle, with $A = \arccos f$ lie Bures angle, as well as the target angle,
in this equation. $f = \text{Tr}\sqrt{\sqrt{\rho_0} \rho_1 \sqrt{\rho_0}}$ is the fidelity between two quantum states ρ_0 and ρ_1 .

Another well-used method for the construction of the QSL is the geometric approach, which utilizes the metrics

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and geodesic lines in some differential manifolds. One such example is the quantum Fisher information based on the symmetric logarithmic derivative, which is proportional to the Fubini-Study and Bures metrics for pure and mixed states [\[46\]](#page-17-0). In 2013, Taddei *et al.* [\[19\]](#page-17-0) used it to construct an inequality for the QSL $A \leq \int_0^t \frac{1}{2} \sqrt{F(t')} dt'$, where $F(t)$ is the quantum Fisher information for the time *t*. The squared infinitesimal distance then reads $ds^2 = \sum_{\mu\nu} g_{\mu\nu} d\lambda_{\mu} d\lambda_{\nu}$. In the case that F is independent of time, an explicit expresthe case that *F* is independent of time, an explicit expression of the QSL can be obtained as $\tau_F = 2A/\sqrt{F}$. Similarly to the previous mentioned tools, τ_F are not attainable for mixed states and high-level systems. In around 2016, Mondal *et al.* [\[47\]](#page-17-0) extended the result to the Wigner-Yanase skew information and connected the QSL with the quantum coherence, and in the mean time Pires *et al.* [\[9\]](#page-16-0) extended this result to a family of contractive Riemannian metrics (also known as a family of quantum Fisher information in some literatures) [\[48\]](#page-17-0). For a density matrix ρ which is a function of a set of parameters $\{\lambda_{\mu}\}\)$, this family of metrics is of the form $g_{\mu\nu} = \frac{1}{4} \text{Tr}[\partial_{\lambda_{\mu}} \rho \mathbf{K}^{-1}(\partial_{\lambda_{\nu}} \rho)],$ where $\mathbf{K}(\cdot)$ is a superoperator defined by $\mathbf{K}(\cdot) = h(\mathbf{LR}^{-1})\mathbf{R}(\cdot)$ with **L** (**R**) also a superoperator defined by $L(A) = A \rho [\mathbf{R}(A) = \rho A] \cdot h(\cdot)$ here is called the Morozova-Cencov function, which satisfies the operator monotone $[h(A) \ge h(B)$ for $A \ge B]$, self-inverse $[h(x) = xh(1/x)]$, and normalization $[h(1) = 1]$. Assuming all the parameters in $\{\lambda_{\mu}\}$ are dependent on time, the geodesic line $\mathcal L$ between the initial and evolved states satisfies

$$
\mathcal{L} \leqslant \int_0^t \frac{ds}{dt'} dt' = \int_0^t \sqrt{\sum_{\mu\nu} g_{\mu\nu} \frac{d\lambda_{\mu}}{dt'} \frac{d\lambda_{\nu}}{dt'}} dt'.
$$
 (1)

The Bures angle is not the only tool to define the target angle in the studies of the QSL. For example, in 2013 del Campo *et al.* [\[20\]](#page-17-0) used the relative purity and Campaioli *et al.* [\[13\]](#page-17-0) further used its angle to define the target angle. Other types of fidelity are also considered [\[22,49\]](#page-17-0). The Bloch vector is another well-used geometric representation of quantum states in quantum mechanics, and the angle between the Bloch vectors provides another tool to define the target angle [\[13,26\]](#page-17-0). Considering the unitary evolution, Campaioli *et al.* [\[13\]](#page-17-0) provided an alternative inequality for the QSL as

$$
t \geqslant \tau_{\text{B}} = \frac{\Theta}{Q},\tag{2}
$$

where Θ is the target angle defined via the Bloch vectors and

$$
Q = \frac{1}{t} \int_0^t \sqrt{\frac{2 \text{Tr}(\rho^2 H^2 - \rho H \rho H)}{\text{Tr}(\rho^2) - 1/N}} dt',
$$
 (3)

with *N* the dimension of ρ .

In most theories in regard to the QSL, an explicit inequality with respect to the time is hard to obtain since it usually involves an integral which cannot be solved analytically, especially in the case of time-dependent Hamiltonians. The common method to deal with it is to formally add *t* and 1/*t* in front of the integral simultaneously and treat 1/*t* and the integral together as an expected value of some quantity with respect to *t*. For example, in the inequality $\mathcal{L} \leq \int_0^t X(t')dt'$, one can obtain a formal inequality on *t* as $t \ge \mathcal{L}/\bar{X}(t)$ with $\bar{X}(t) = \frac{1}{t} \int_0^t X(t')dt'$ the average value with respect to time.

FIG. 1. Dynamical trajectory of a quantum state ρ . Only one trajectory (blue line) exists for a noncontrolled fixed Hamiltonian with a fixed decoherence. The states satisfying the target angle are hence the intersections between the trajectory and the set of states satisfying the target angle (black line), which is determined by the trajectory itself. Therefore, the QSL should not be a function of time in these cases.

The major problem of this formal solution is that $\bar{X}(t)$ is a function of time in most cases, indicating the obtained bound will change for different choice of time. However, this result does not reflect the physics correctly. In the case of a noncontrolled fixed Hamiltonian, the trajectory of evolution in state space is fixed for a fixed decoherence mode and strength, whether the Hamiltonian is time dependent or not. This is due to the fact that the solution of states in a fixed differential equation is unique.

This can also be understood from the perspective of physics. Consider the unitary evolution for a specific initial state ρ with a time-dependent Hamiltonian. The dynamical operator is $U(t_1) = \exp[-i\mathcal{T} \int_0^{t_1} H(t) dt]$ with \mathcal{T} the timeordering operator. For a noncontrolled Hamiltonian, $U(t_1)$ relies on t_1 , not t , indicating that U is fixed for a fixed t_1 . This fact means the dynamical trajectory (blue line in Fig. 1) in the state space for ρ is fixed. In the meantime, the set of states satisfying the target angle for ρ is also fixed (black line in Fig. 1). Therefore, the states that can reach the target angle on the trajectory are the intersections between the blue and black lines, which is actually determined by the trajectory itself. Then the evolution time to reach the target angle for ρ is fixed in this case due to the fact that the trajectory is fixed. In a word, this evolution time is determined by the other parameters (apart from the evolution time) in the Hamiltonian and dissipative modes in the case of open systems, rather than the time *t*. Hence, the QSL should not be dependent on the time either. Most of the current theoretical tools cannot reveal this fact, especially for the time-dependent Hamiltonians. New approaches are still in need in this field to reveal the true physics behind the QSL. This is a major motivation of this paper.

II. METHODOLOGY

To define the QSL, the physical scenario and target need to be clarified first. The Bloch sphere is a natural representation to show the geometry of quantum mechanics. It is known that a *N*-dimensional density matrix ρ can be expressed by a Bloch vector via the equation below [\[50\]](#page-17-0):

$$
\rho = \frac{1}{N} \left(1 + \sqrt{\frac{N(N-1)}{2}} \vec{r} \cdot \vec{\lambda} \right),\tag{4}
$$

where \vec{r} is the Bloch vector, $\mathbb{1}$ is the identity matrix, and $\vec{\lambda}$ is a ($N^2 - 1$)-dimensional vector of SU(N) generators. Throughout this paper, the target we consider is defined via the angle [\[13\]](#page-17-0)

$$
\theta(t, \vec{r}) := \arccos\left(\frac{\vec{r} \cdot \vec{r}(t)}{|\vec{r}||\vec{r}(t)|}\right),\tag{5}
$$

where \vec{r} and $\vec{r}(t)$ are the initial and evolved states. $\theta \in (0, \pi]$. The physical scenario for the QSL is *evolving some initial state r with a Hamiltonian H to any state satisfying the target angle* Θ (Θ is a known fixed angle defined by the above equation).

For a Hamiltonian H , it is possible that not all states in the state space can fulfill the target, yet this fact was widely neglected in the previous studies of the QSL based on inequalities. Here we first define a set S as the set of initial states that can fulfill the target angle, i.e.,

$$
\mathcal{S} := \{ \vec{r} | \theta(t, \vec{r}) = \Theta, \exists t \}. \tag{6}
$$

Similarly, we also define the set of reachable target states as

$$
\mathcal{D} := \left\{ \vec{r}_{\text{tar}} | \Theta = \arccos\left(\frac{\vec{r} \cdot \vec{r}_{\text{tar}}}{|\vec{r}||\vec{r}_{\text{tar}}|}\right), \vec{r} \in \mathcal{S} \right\}.
$$
 (7)

Here are some observations on S and D .

Proposition 1. $S = D$ for periodic evolutions.

This can be easily proved since the dynamical trajectories of periodic evolution are closed. Any two states on the same trajectory can evolve to each other.

Proposition 2. For two target angles $\Theta_1, \Theta_2 \neq \pi$, if the dynamics of the quantum states is continuous, then $S(\Theta_1) \subset$ $S(\Theta_2)$ for $\Theta_1 > \Theta_2$.

In the case that the dynamics is continuous, the inner product between the initial and evolved states is also continuous; therefore, if the state can reach the target angle Θ , it can also reach all the target angles smaller than Θ . One exception here is $\Theta = \pi$. In some open systems, it is possible that some Bloch vectors only change the length. In this case, when the states evolve through the zero vector and then change direction, it can still reach the angle π , yet the inner production is not continuous during the evolution.

The time-independent Hamiltonian is one of the major subjects in the study of the QSL. Here we provide an explicit expression of S for any dimensional time-independent Hamiltonians under unitary evolution (the derivation is in Appendix [A\)](#page-8-0).

Proposition 3. For a *N*-dimensional time-independent Hamiltonian under unitary evolution, one expression of S in

FIG. 2. Schematic for the operational definition of the QSL. For any state in S , there exists a subset of D (area within the solid black line) including all the target states (states satisfying the target angle), and some of them (area within the dashed red line) are reachable for a specific *H*. The minimum evolution time for all states in *S* to reach the target states is the operational QSL τ .

the energy basis $\{|E_i\rangle\}$ is

$$
S = \left\{ \vec{r} \, | \, 1 - \cos \Theta = \frac{1}{|\vec{r}|^2} \sum_{n=1}^{N-1} \sum_{i=0}^{n-1} \{ 1 - \cos \left[(E_n - E_i) t \right] \} \times \left(r_{n^2 + 2i - 1}^2 + r_{n^2 + 2i}^2 \right), \exists t \right\},\tag{8}
$$

where E_i (with corresponding eigenstate $|E_i\rangle$) is the *i*th energy eigenvalue (we assume $E_i \leq E_j$ for $i \leq j$) and r_i is the *i*th entry of \vec{r} .

With the assistance of S , now we are in a position to introduce the operational definition of the QSL.

Definition 1. The QSL τ is defined as the minimum evolution time to fulfill Θ for any $\vec{r} \in \mathcal{S}$, i.e.,

$$
\tau := \min_{\vec{r} \in S} t
$$

subject to $\theta(t, \vec{r}) = \Theta$. (9)

This operational definition requires two steps to measure the QSL: (1) find the regime of the set S and (2) find the minimum evolution time to reach the target angle for states in S , as shown in Fig. 2. This definition makes the QSL measurable in physics. For a specific quantum system, we can first find the regime of S either theoretically or experimentally, then experimentally prepare enough initial states in S and measure the corresponding evolution time to reach the target angle. At last, the minimum time of them is just the QSL we seek. This definition has two obvious advantages: (i) it is guaranteed to be attainable by the definition and (ii) it is state independent, which means it only reflects the fundamental property of the Hamiltonian structure and decoherence.

Another benefit with the assistance of S is that we can now define a finite guaranteed time to reach the target angle as the maximum time in S .

Definition 2. The guaranteed time to reach the target angle Θ is defined as

$$
\zeta := \max_{\vec{r} \in S} t
$$

subject to $\theta(t, \vec{r}) = \Theta$. (10)

It is impossible to define a finite guaranteed time without S in general since the time for the states out of S to reach Θ is actually infinite. In the following we will discuss it in various scenarios, including time-independent and timedependent Hamiltonians and open systems.

III. TIME-INDEPENDENT HAMILTONIANS

The first scenario we consider is time-independent Hamiltonians, for which we have the following theorem.

Theorem 1. For a general multilevel system with a timeindependent Hamiltonian *H*, the operational definition of the QSL is

$$
\tau = \frac{\Theta}{E_{\text{max}} - E_0},\tag{11}
$$

where E_{max} and E_0 are the highest and lowest energies with respect to H . This QSL τ can be attained by the states

$$
\rho_{\rm opt} = \sum_{i} \frac{1}{N} |E_i\rangle \langle E_i| + \xi |E_0\rangle \langle E_{\rm max}| + \xi^* |E_{\rm max}\rangle \langle E_0| \quad (12)
$$

with the complex coefficient ξ satisfying $|\xi| \in (0, 1/N]$. The proof of this theorem based on Proposition 3 is given in Appendix **B**. For other states in S that are not in the form of Eq. (12) , τ is a lower bound of the corresponding evolution time to reach the target angle. In the following we give several remarks on this theorem.

Remark 1. The attainable states are mixed states for $N \geq$ 3. They can only be pure in two-level systems by choosing $|\xi| = 1/2$, which is the reason why the bounds attainable for pure states, like MT and ML bounds, can only be saturated in two-level systems [\[11\]](#page-16-0).

Remark 2. It does not require a zero ground-state energy to be attainable. In the case of two-level systems, the only case in which τ_{MT} and τ_{ML} are attainable, if the ground-state energy is set to be zero then $\tau = \min \tau_{MT} = \min \tau_{ML}$ for $\Theta = \pi$ (i.e., the orthogonal states as the target).

Remark 3. This bound can also be obtained by the bound $\tau_{\rm B} = \Theta/Q$ [Q is given in Eq. [\(3\)](#page-1-0)] [\[13\]](#page-17-0) with a proper choice of $SU(N)$ generators and the optimization over S. The discussion is in Appendix [B.](#page-9-0)

A corollary on the guaranteed time ζ can be immediately obtained for periodic evolutions.

Corollary 1. For time-independent Hamiltonians, the guaranteed time for a periodic evolution with period *T* is

$$
\zeta = T - \tau. \tag{13}
$$

Defining $S^{(km)}$ (*m* < *k* < *N*) as a subset of S given in Proposition 3, and if all the legitimate states in $S^{(km)}$ satisfying $r_{n^2+2i-1}^2 + r_{n^2+2i}^2$ are nonzero for $i = m, n = k$ and zero for other subscripts, we have the following corollary.

Corollary 2. For all legitimate states in $S^{(km)}$, the minimum time τ_{km} to reach target angle can be expressed by

$$
\tau_{km} = \frac{\Theta}{E_k - E_m}.\tag{14}
$$

Due to Remark 2, that τ does not require a vanishing ground-state energy, many intriguing phenomena of the ground state can be exhibited in τ , such as the quantum phase transition [\[51\]](#page-17-0). Here we use the one-dimensional transverse Ising model as an example to show that the susceptibility of τ with respect to the external field can be used as an indicator for the quantum phase transition. The Hamiltonian of the model is

$$
H = -J\left(\sum_{i=1}^{M} \sigma_i^x \sigma_{i+1}^x + h \sum_{i=1}^{M} \sigma_i^z\right),
$$
 (15)

where σ_i^x (σ_i^z) is the the Pauli *X*(*Z*) matrix for the *i*th spin, *J* is the interaction strength, and $h = B/J$ with *B* the strength of the external field. *M* is the spin number. Taking into account the periodic boundary condition, the Hamiltonian above can be analytically solved as $H/J =$ $2\sum_{k} \omega_{k} c_{k}^{\dagger} c_{k} - \sum_{k} \omega_{k}$, where $\omega_{k} = \sqrt{1 - 2h \cos k + h^{2}}$, and c_k (c_k^{\dagger}) is a fermionic annihilation (creation) operator. $k =$ $2\pi n/M$ with $n = 0, \pm 1, \ldots, \pm \frac{1}{2}(M - 1)$ for odd *M* and $n =$ $\pm \frac{1}{2}, \pm \frac{3}{2}, \ldots, \pm \frac{1}{2}(M-1)$ for even *M*. The ground-state energy is $E_0/J = -\sum_k \omega_k$ and the highest energy is $E_{\text{max}}/J =$ $\sum_{k} \omega_k$. At the thermodynamic limit (details in Appendix [C\)](#page-11-0), the QSL reads

$$
\tau = \frac{\pi \operatorname{sgn}(1+h)\Theta/J}{4M(h+1)E\left(\frac{4h}{(h+1)^2}\right)},\tag{16}
$$

where sgn(\cdot) is the sign function and $E(\cdot)$ is the complete elliptic function of the second kind. Furthermore, the susceptibility of τ with respect to h is

$$
\frac{\delta \tau}{\delta h} = \frac{\text{sgn}(h+1)\pi \Theta/J}{8Mh(h+1)^2 E^2(\frac{4h}{(h+1)^2})} \left[(h+1)E\left(\frac{4h}{(h+1)^2}\right) + (h-1)K\left(\frac{4h}{(h+1)^2}\right) \right],\tag{17}
$$

where $K(\cdot)$ is the complete elliptic function of the first kind.

The QSL and its susceptibility with respect to *h* are shown in Fig. [3,](#page-4-0) in which the largest τ is always obtained at $h = 0$. More importantly, $\delta \tau / \delta h$ is not smooth at $h = \pm 1$, which is due to the well-known fact that $h = \pm 1$ are the critical points. Thus, the susceptibility of the QSL is an observable to detect the phase transition. The corresponding scheme is to prepare the system in the state ρ_{opt} and then measure the change of the evolution time when the target angle is reached. This scheme is robust to the dephasing noise during the state preparation because τ can be attained by any reasonable nonzero value of n .

Two-level systems are the earliest systems in the study of the QSL and also the only case in which τ_c and τ_F are attainable. For two-level systems, any state can be expressed via the Bloch vector

$$
\vec{r}(\eta, \alpha, \varphi) = \eta(\sin \alpha \cos \varphi, \sin \alpha \sin \varphi, \cos \alpha), \quad (18)
$$

FIG. 3. The QSL τ (dashed blue line) and its derivative with respect to *h* (solid red line) as functions of *h* in the one-dimensional transverse Ising model. *J* is set to be 1 in the plot. The target $\Theta = \pi/2.$

where $\eta \in [0, 1]$, $\alpha \in [0, \pi]$, and $\varphi \in [0, 2\pi]$. Since the unitary evolution of a two-level system is periodic, S is equivalent to D in this case according to Proposition 1. Furthermore, we have the following corollary.

Corollary 3. For a two-dimensional time-independent Hamiltonian under unitary evolution, the set $S(D)$ in the Bloch representation is

$$
\left\{\vec{r}(\eta,\alpha,\varphi)|\eta\in(0,1],\alpha\in\left[\frac{\Theta}{2},\pi-\frac{\Theta}{2}\right],\varphi\in[0,2\pi]\right\}.\tag{19}
$$

Let E_0 and E_1 be the ground and excited energies of the Hamiltonian, then the operational definition of the QSL is

$$
\tau = \frac{\Theta}{E_1 - E_0}.\tag{20}
$$

A thorough discussion of this case from a geometric per-spective in the Bloch sphere is in Appendix [D.](#page-11-0) In the Bloch sphere (with $|E_1\rangle$ the north pole), S is the light gray area in Fig. $4(a)$. All states in the Bloch sphere apart from the double cone with the apex angle Θ belong to S. It can be seen that the volume of S shrinks with the increase of Θ , which can be explained via Proposition 2. Physically, most states in S here have two states on the dynamical trajectory satisfying the target angle $\Theta \neq \pi$ and one for $\Theta = \pi$.

In regard to the QSL, τ can be attained by any state in the *xy* plane apart from the original point. A major difference between τ in Eq. (20) and τ_c and τ_F is that τ is attainable for both pure and mixed states. Figure $4(d)$ compares τ (solid black line), τ_C (dash-dotted red line), and τ_F (dashed blue line) as a function of $|\vec{r}|$ for the states in the *xy* plane (in which they are all irrelevant to φ). It shows τ is always the tightest bound for any value of $|\vec{r}|$ since it is always attainable in this plane. When $|\vec{r}| = 1$, both τ_c and τ_F coincide with τ , confirming the fact that they are only attainable for pure states in this case. Meanwhile, since the dynamics in this case is periodic with the period $\frac{2\pi}{E_1 - E_0}$, the guaranteed time then reads

$$
\zeta = \frac{2\pi - \Theta}{E_1 - E_0} \tag{21}
$$

according to Corollary 1.

FIG. 4. The set $S(D)$ for a two-level system in the Bloch sphere from (a) front view, (b) top view, and (c) oblique view. The light gray area is $S(D)$. The states in the blue cones cannot fulfill the target angle Θ . (d) Comparison among τ (solid black line), τ_F (dashed blue line), and τ_c (dash-dotted red line) for the initial states in the *xy* plane. The target angle $\Theta = \pi/2$.

IV. TIME-DEPENDENT HAMILTONIANS

Finding the QSL for time-dependent Hamiltonians is always a core task in the studies of this field. In the previous researches, most theoretical tools for time-dependent Hamiltonians are formal inequalities with respect to time and the bounds contain an average process over time, which make them time dependent. This is not reasonable as already discussed in the introduction. Here we will show that the operational definition of the QSL does not have such problems and can reveal the true physics behind the QSL. We take the Landau-Zener model as an example, of which the Hamiltonian is

$$
H = \Delta \sigma_x + vt \sigma_z, \tag{22}
$$

where Δ and *v* are time-independent parameters. In the following we take the eigenstate of the positive eigenvalue of σ _z as the north pole of the Bloch sphere. In the case that $\Delta = 0$, S is also in the form of Eq. (19) since the dynamics is still the rotation around the *z* axis, which is also numerically confirmed in Fig. $5(a.0)$.

For a nonvanishing Δ , the analytical expression of S is hard to obtain, therefore we provide the numerical results in Figs. [5\(b\)](#page-5-0) and [5\(c\)](#page-5-0) for $\Delta = 1.0$ and 2.0, respectively. Figures $5(b.0)$ and $5(c.0)$ show the distributions of S in Bloch

FIG. 5. (a–c) The set S for (a) $\Delta = 0$, (b) $\Delta = 1.0$, and (c) $\Delta = 2.0$ in the Landau-Zener model. (a.0), (b.0), and (c.0) show the distributions of S in Bloch spheres. (a.1), (b.1), and (c.1) show the distributions of S as a function of α and φ . The white (and gray) and blue areas are the regimes that the target angle $\Theta = \pi/2$ can and cannot fulfill, respectively. *v* is set to be 1 in the plots. (d) The QSL τ as a function of Δ for $v = 1$ (solid blue line), $v = 2$ (dashed red line), and $v = 4$ (dash-dotted black line) in the Landau-Zener model. The green dots represent the analytical solution of τ for large Δ . The target in the plot is $\Theta = \pi/2$. (e) Comparison between τ and τ_B for different values of Δ . The dashed blue and dotted black lines represent τ and τ_B for $\Delta = 0$ and the dash-dotted green and solid red lines represent τ and τ_B for $\Delta = 1$. *v* is set to be 1. The target angle $\Theta = \pi/2$.

spheres. For the sake of a better presentation, we replot S as a function of α and φ , defined in Eq. [\(18\)](#page-3-0), in Figs. 5(a.1), 5(b.1), and 5(c.1). The distribution of S is not affected by η since the dynamics is unitary. The gray areas in Bloch spheres and white areas in α - φ plots represent the regimes of S and the blue areas are the set of states that cannot reach the target angle (\overline{S}). The target angle $\Theta = \pi/2$ and $v = 1$ in all plots. One may notice that \overline{S} is central symmetric about the original point, which is due to the fact that the dynamical trajectories of a pair of central symmetric initial states are also central symmetric (graphically shown in Appendix E). The area of \overline{S} shrinks with the increase of Δ , indicating that a larger Δ allows more states to reach the target angle in this case.

In the case of $\Delta = 0$, the operational definition of the QSL can be analytically obtained (details in Appendix E) as follows:

$$
\tau = \sqrt{\frac{\Theta}{v}},\tag{23}
$$

which is only the function of Hamiltonian parameters *v* and the target angle, rather than the function of time. This result confirms our argument that the QSL for time-dependent Hamiltonians should not be a function of time. τ can be attained by any state in the *xy* plane apart from the original point. Furthermore, since the dynamics here is still periodic with the period $T = \sqrt{2\pi/v}$, the guaranteed time ζ is

$$
\zeta = \frac{1}{\sqrt{v}}(\sqrt{2\pi} - \sqrt{\Theta}).\tag{24}
$$

The operational definition of the QSL for a nonvanishing Δ is numerically calculated and shown in Fig. $5(d)$ as a function of Δ for different values of *v*. One can see that τ always decays with the increase of Δ and *v*. For a large Δ , τ is independent of *v*, which is due to the fact that in this regime $\Delta \sigma_x$ is the dominant term in the Hamiltonian and the QSL reduces to $\Theta/(2\Delta)$ [green dots in Fig. 5(d)] according to Corollary 3.

In the meantime, τ_B in this case can be calculated as

$$
\tau_{\rm B} = \frac{\Theta}{vt} \sqrt{\frac{|\vec{r}|^2}{|\vec{r}|^2 - r_z^2}},\tag{25}
$$

which is inverse propositional to the time t . r_z is the third entry of the Bloch vector. For the states in the *xy* plane where τ is attainable, $\tau_B = \Theta / (vt)$ is still related to the time. Figure 5(e) compares the performances of τ and τ_B for different values of Δ . The dashed-blue and dash-dotted green lines represent τ for $\Delta = 0$ and 1, respectively. And the dotted black and solid red lines represent τ_B for $\Delta = 0$ and 1. The initial states of τ_B are taken as those that can reach τ . The target angle $\Theta = \pi/2$ and *v* is set to be 1. From this figure, one can see that, after the time τ , τ is always tighter than τ_B since τ is true and attainable. In the case of $\Delta = 0$, the target angle Θ cannot be fulfilled by the evolution time in the gray regimes (I) and (II), which means the evolution time to reach Θ in this regime is actually *infinity* in mathematics. Therefore, any finite value can provide a mathematically correct bound in this case, as given by τ_B and other bounds based on the same philosophy [similar things happen in the regime (I) for $\Delta = 1$. However, these bounds themselves cannot provide this information and sometimes may mislead the true physics behind the mathematics.

V. OPEN SYSTEMS

The QSL in open systems is intriguing yet more complicated compared to the unitary evolution. Many works attempted to provide attainable bounds for open systems. In regard to the Bloch representation, Campaioli *et al.* [\[26\]](#page-17-0) used the distance between two Bloch vectors to derive a bound of the QSL. Here we show the performance of the operational definition of the QSL in open systems.

A large number of quantum dynamics of open systems is governed by the following master equation:

$$
\partial_t \rho(t) = -i[H, \rho] + \sum_i \gamma_i \bigg[L_i \rho(t) L_i^{\dagger} - \frac{1}{2} \{ L_i^{\dagger} L_i, \rho(t) \} \bigg], \tag{26}
$$

where L_i is the *i*th Lindblad operator depicting a certain decay mode. For a time-independent Hamiltonian under Markovian dynamics, i.e., γ*ⁱ* is time independent for any subscript *i*, the dynamics of the corresponding Bloch vector is an affine map:

$$
\vec{r}(t) = e^{\mathcal{M}^{\mathrm{T}}t}(\vec{r} - \vec{l}) + \vec{l},\qquad(27)
$$

where M and \vec{l} are real and the specific expressions are given in Appendix [F.](#page-13-0) For this dynamics, the set S is of the form

$$
S = \left\{ \vec{r} \mid \cos \Theta = \frac{\vec{r}^{\mathrm{T}} e^{\mathcal{M}^{\mathrm{T}} t} (\vec{r} - \vec{l}) + \vec{r}^{\mathrm{T}} \vec{l}}{\left| e^{\mathcal{M}^{\mathrm{T}} t} (\vec{r} - \vec{l}) + \vec{l} \right| \left| \vec{r} \right|}, \exists t \right\}.
$$
 (28)

The first example we consider is the following master equation:

$$
\partial_t \rho = -i[H, \rho] + \gamma_+ \Big[\sigma_+ \rho \sigma_- - \frac{1}{2} \{ \sigma_- \sigma_+, \rho \} \Big] \n+ \gamma_- \Big[\sigma_- \rho \sigma_+ - \frac{1}{2} \{ \sigma_+ \sigma_-, \rho \} \Big],
$$
\n(29)

where the Hamiltonian $H = \frac{1}{2}\omega_0 \sigma_z$ with $\sigma_{x,y,z}$ a Pauli matrix, and $\sigma_{\pm} = \frac{1}{2} (\sigma_x \pm i \sigma_y)$. This model can depict some important physical processes like the spontaneous emission ($\gamma_+ = 0$) and finite-temperature thermodynamics. Our first concern in open systems is how S is affected by the decoherence. For the dynamics governed by Eq. (29) , S is of the form

$$
\left\{\vec{r}(\eta,\alpha,\varphi)|\cos\Theta=\frac{\sin^2\alpha\cos\left(\omega_0 t\right)+\chi\cos\alpha}{\sqrt{\sin^2\alpha+\chi^2}},\,\exists t\right\},\tag{30}
$$

where $\chi = e^{-\frac{1}{2}\gamma_f t} \cos \alpha + \frac{2\gamma_d}{\eta \gamma_f} \sinh(\frac{1}{2}\gamma_f t)$ with $\gamma_f = \gamma_+ + \gamma_$ and $\gamma_d = \gamma_+ - \gamma_-$. The details of the calculation are given in Appendix [F.](#page-13-0) Notice that the constraint in Eq. (30) does not involve φ , which means in the Bloch sphere S is axial symmetric around the *z* axis.

FIG. 6. The set S and the evolution time to reach the target angle as a function of α and η for (a) Markovian and (b) non-Markovian dynamics in the case of spontaneous emission. The colored areas represent S and the values are the corresponding minimum evolution time to reach the target angle. The regime between the dashed black lines is S for unitary evolution. ω_0 is set to be 1 and $\Theta = \pi/4$ in all plots.

In the case of spontaneous emission ($\gamma_+ = 0$, $\gamma_- = \gamma$), the distribution of S (colored area) and the corresponding values of the minimum time to reach the target angle Θ are given in Fig. 6(a) as a function of α and η . $\Theta = \pi/4$ and $\gamma = 0.1$ in this plot. The area between the dotted black lines is S under unitary evolution. It can be seen that the area of S changes under the spontaneous emission. Affected by this decoherence, some states with large α and small η cannot reach the target angle anymore. However, the beneficial part is that the states with small α can reach the target angle now.

A more interesting phenomenon here is that the minimum evolution time reduces with the decrease of η , which indicates that a lousy purity may speed up the evolution to reach the target angle. To clarify the behavior of the QSL with small $η$, we calculated corresponding τ analytically. For an acute target angle, the operational definition of the QSL in this case approximates to

$$
\tau \approx \frac{\delta \eta}{\gamma} \sin \Theta,\tag{31}
$$

where $\delta \eta$ is a small purity. The details of the calculation are in Appendix [F.](#page-13-0) τ in the above equation can be attained by the states with $\alpha = \frac{\pi}{2} - \Theta$. In the studies of quantum information, purity is always treated as a resource for many quantum information processings, and the decoherence jeopardizes the purity and is harmful for those processings. However, here our calculation shows that with respect to the QSL the states with a lousy purity may provide a shorter evolution time for the fulfillment of an acute target angle, which is very counterintuitive and has not been discovered by other tools to the best of our knowledge. In this case, the increase of strength may slightly reduce the size of S yet significantly enhances the reduction of τ .

The behaviors of the QSL with non-Markovian dynamics have drawn some attention in recent years [\[21,22,52,53\]](#page-17-0). The model of spontaneous emission can also reveal the non-Markovian dynamics of damped Jaynes-Cummings models, in which $\gamma = \gamma(t)$ is a time-dependent decay rate. In 2013, Deffner and Lutz [\[21\]](#page-17-0) provided a very useful formula of the QSL for purely initial states, and discussed the corresponding behavior in this case. Here we also use it to show the performance of the operational definition of the QSL for non-Markovian dynamics. The only difference between non-Markovian and Markovian dynamics in this model is that the decay rate $\gamma = \gamma(t)$ is time dependent. For the non-Markovian dynamics, S reads

$$
\left\{\vec{r}|\cos\Theta = \frac{\sin^2\alpha\cos\left[\frac{1}{2}\text{Im}(\Gamma) + \omega_0 t\right] + \chi_1\cos\alpha}{\sqrt{\sin^2\alpha + f_1^2}}\right\},\quad(32)
$$

where $\Gamma = \int_0^t \gamma(t_1) dt_1$ and $\chi_1 = e^{-\frac{1}{2} \text{Re}(\Gamma)} \cos \alpha$ $\frac{2}{\eta}$ sinh $\left[\frac{1}{2}\text{Re}(\Gamma)\right]$. Re(·) and Im(·) represent the real and imaginary parts. Figure $6(b)$ shows the distribution of S of this non-Markovian dynamics. Compared to the Markovian dynamics, the area of S shrinks and a state with $\alpha > 3\pi/4$ can barely reach the target angle. For the states with a small $α$ and large $η$, the minimum times to reach the target angle significantly reduce, which means non-Markovian dynamics can speed up the evolution to reach the target angle for this parameter regime. A similar phenomenon that poor purity may benefit the QSL is also observed here. Utilizing the similar calculation procedure (details in Appendix [F\)](#page-13-0) in Markovian dynamics, τ satisfies the following equation:

$$
\left(1 - \frac{\lambda}{d}\right) e^{-\frac{1}{2}(d+\lambda)\tau} + \left(1 + \frac{\lambda}{d}\right) e^{\frac{1}{2}(d-\lambda)\tau} = 2e^{-\frac{1}{8}\delta\eta\sin\Theta}, \quad (33)
$$

which is also attained by the states with $\alpha = \frac{\pi}{2} - \Theta$. In this equation, τ monotonically reduces with the decrease of $\delta \eta$, which means a small purity can indeed speed up the evolution to reach the target angle in this non-Markovian dynamics.

Another example is the parallel dephasing

$$
\partial_t \rho = -i[H, \rho] + \frac{\gamma}{2} (\sigma_z \rho \sigma_z - \rho), \qquad (34)
$$

where H is the same as that in the spontaneous emission. Dephasing is the dominant decay mode for some physical processes like the recently discovered collective phonons bundle emission [\[54\]](#page-17-0). In this dynamics, S can be expressed by

$$
\left\{\vec{r}(\eta,\alpha,\varphi)|\cos\Theta = \frac{1 - [1 - e^{-\gamma t}\cos(\omega_0 t)]\sin^2\alpha}{\sqrt{1 - (1 - e^{-2\gamma t})\sin^2\alpha}}, \exists t\right\}.
$$
 (35)

FIG. 7. S and the minimum evolution time to reach the target angle as a function of α and decay rate γ for $\Theta = \pi/4$ in the case of dephasing. The colored areas represent S and the values are the corresponding minimum evolution time to reach the target angle. ω_0 is set to be 1.

The details of the calculation are in Appendix [F.](#page-13-0) Here only α affects the distribution of S , which means S always consists of two cones similar to the unitary evolutions. For example, the distribution of S for $\Theta = \pi/4$ is given in Fig. 7 as a function of α and γ , which shows that in this case the growth of the decay rate will make S shrink, and the boundary of α moves towards $\pi/2$. In the case of $Θ = \pi/2$, S reduces to

$$
\{\vec{r}(\eta,\alpha,\varphi)|\eta\in(0,1],\alpha\in[\alpha_{\rm c},\pi-\alpha_{\rm c}],\varphi\in[0,2\pi]\},\ (36)
$$

where the boundary $\alpha_c = \arcsin\left(\frac{1}{\sqrt{1+e^{-\gamma\pi/\omega_0}}}\right)$. In the case $\Theta =$ π , S consists of all states in the *xy* plane apart from the original point. It is easy to see that S is not affected by the dephasing in this case. For a reasonable value of γ , the operational definition of the QSL for Eq. (34) reads $\tau =$ Θ/ω_0 , which can be attained by all states with $\alpha = \pi/2$ and $\eta \neq 0$. This result coincides with the unitary counterpart when ω_0 represents the energy difference between the excited and ground states, indicating that τ is not affected by the parallel dephasing for a not extremely strong decay rate.

VI. SUMMARY

In conclusion, we have introduced an operational approach to the notion of QSLs, which is state independent and guaranteed to be attainable. With this approach, we also define the guaranteed time for the fulfillment of the target angle. The performances of this operational definition τ have been thoroughly investigated in several scenarios. For time-independent Hamiltonians under unitary evolutions, τ is inverse proportional to the difference between the highest and lowest energies. One advantage of this result is that its attainability does not require a zero ground-state energy. The ground-state energy contains fruitful phenomena in quantum physics like the quantum phase transition. Therefore, the susceptibility of τ can be used as an indicator of the quantum phase transition, which is demonstrated with the one-dimensional transverse Ising model in the paper.

For the time-dependent Hamiltonians, the existing bounds of the QSL are basically all related to the time, which is not reasonable in physics. We use the Landau-Zener model as an example to show the true physics behind the QSL. The analytical expression of τ is given for $\Delta = 0$. With the increase of Δ , the value of τ approaches $\Theta/(2\Delta)$, which is exactly the QSL for the time-independent term in the Hamiltonian. The results in this case vividly clarify the fact that the QSL for noncontrolled time-dependent Hamiltonians should be irrelevant to the evolution time.

The case of open systems is another important scenario for the research of the QSL. The numerical and analytical calculations of τ in the case of spontaneous emission show a very interesting and counterintuitive phenomenon that a lousy purity can benefit the reduction of the QSL, which, to the best of our knowledge, has not been discovered with the existing tools. Furthermore, this phenomenon occurs in both Markovian and non-Markovian dynamics; however, the specific relations between τ and the purity are not exactly the same.

Different from conventional concerns about the QSL that focus on valid mathematical tools, our operational approach emphasizes the physics behind the QSL, which may provide the community another perspective for the study of fast dynamical behaviors in quantum mechanics in the future. Moreover, the phenomena discovered here would encourage experimenters to verify with many quantum systems. Finally, our approach should find broad applications in quantum technologies, such as quantum control and parameter estimation in quantum metrology, and it should carry over to arbitrary settings, including classical dynamics and stochastic thermodynamics.

ACKNOWLEDGMENTS

The authors would like to thank Prof. Adolfo del Campo for many insightful suggestions and help on improving the introduction. We also thank Prof. Libin Fu, Prof. Xiao-Ming Lu, Prof. Christiane Koch, Dr. Zibo Miao, and Ms. Jinfeng Qin for helpful discussions. This work was supported by National Natural Science Foundation of China through Grant No. 11805073 and the Research Grants Council of Hong Kong through the Grant No. 14308019.

Y.S. and B.L. contributed equally to this work.

APPENDIX A: THE SET *S* **FOR TIME-INDEPENDENT HAMILTONIANS**

It is known that a *N*-dimensional density matrix can be expressed via the Bloch vector as below:

$$
\rho = \frac{1}{N} \left(1 + \sqrt{\frac{N(N-1)}{2}} \vec{r} \cdot \vec{\lambda} \right),\tag{A1}
$$

where $\mathbb 1$ is the identity matrix, $\vec r$ is the Bloch vector satisfying $|\vec{r}| \leq 1$, and $\vec{\lambda}$ is the vector of SU(*N*) generators. For the unitary evolution, the evolved state $\rho(t)$ is

$$
\rho(t) = e^{-iHt} \rho e^{iHt}
$$

= $\frac{1}{N} \left(1 + \sqrt{\frac{N(N-1)}{2}} \vec{r} \cdot e^{-iHt} \vec{\lambda} e^{iHt} \right)$. (A2)

Based on the property of $SU(N)$ algebra, the unitary evolution of any SU(*N*) generator can be expressed as the linear combination of all generators, i.e., $e^{-iHt}\lambda_i e^{iHt} = \sum_j C_{ij}(t)\lambda_j$, which means $\vec{r} \cdot e^{-iHt} \vec{\lambda} e^{iHt} = \sum_{ij} r_i C_{ij}(t) \lambda_j$. This equation immediately leads to

$$
\vec{r}(t) = C^{T}(t)\vec{r},
$$
 (A3)

which is known as an unital affine map. $C_{ij}(t)$ can be further solved as

$$
C_{ij}(t) = \frac{1}{2} \text{Tr}(e^{-iHt} \lambda_i e^{iHt} \lambda_j), \tag{A4}
$$

where the equation $\text{Tr}(\lambda_i \lambda_j) = 2\delta_{ij}$ has been used. In the energy basis, $C_{ij}(t)$ reduces to

$$
C_{ij}(t) = \frac{1}{2} \sum_{mk} e^{i(E_m - E_k)t} [\lambda_i]_{mk}^* [\lambda_j]_{mk}
$$
 (A5)

with $[\lambda_j]_{mk}$ the *mk*th entry of λ_j in the energy basis. E_i is the *i*th energy eigenvalue. In the following we use the specific energy basis $\{|E_0\rangle, |E_1\rangle, \ldots, |E_{N-1}\rangle\}$, where we set $E_0 < E_1 <$ \ldots < E_{N-1} . In this basis with an appropriate representation of SU(*N*) generators, the matrix*C*(*t*) can be always expressed by

$$
C(t) = \bigoplus_{n=1}^{N-1} V(n, t),
$$
\n(A6)

where $V(n, t) = [\bigoplus_{i=0}^{n-1} M(E_n - E_i, t)] \oplus 1$ with

$$
M(x,t) = \begin{pmatrix} \cos(xt) & -\sin(xt) \\ \sin(xt) & \cos(xt) \end{pmatrix}.
$$
 (A7)

For example, for a two-level system, using the Pauli matrices as the generators, $C(t)$ reads

$$
C(t) = \begin{pmatrix} M(E_1 - E_0, t) & 0 \\ 0 & 1 \end{pmatrix}.
$$
 (A8)

For three-level systems, using the Gell-Mann matrices as the generators, $C(t)$ is of the form

$$
\begin{pmatrix} M(E_1 - E_0, t) & 0 & 0 & 0 & 0 \\ 0 & 1 & 0 & 0 & 0 & 0 \\ 0 & 0 & M(E_2 - E_0, t) & 0 & 0 \\ 0 & 0 & 0 & M(E_2 - E_1, t) & 0 \\ 0 & 0 & 0 & 0 & 0 & 1 \end{pmatrix}
$$

The specific form of SU(4) generators with respect to Eq. $(A6)$ is

$$
\lambda_0 = \begin{pmatrix} 0 & 1 & 0 & 0 \\ 1 & 0 & 0 & 0 \\ 0 & 0 & 0 & 0 \\ 0 & 0 & 0 & 0 \end{pmatrix}, \quad \lambda_1 = \begin{pmatrix} 0 & -i & 0 & 0 \\ i & 0 & 0 & 0 \\ 0 & 0 & 0 & 0 \\ 0 & 0 & 0 & 0 \end{pmatrix},
$$

$$
\lambda_2 = \begin{pmatrix} 1 & 0 & 0 & 0 \\ 0 & -1 & 0 & 0 \\ 0 & 0 & 0 & 0 \\ 0 & 0 & 0 & 0 \end{pmatrix}, \quad \lambda_3 = \begin{pmatrix} 0 & 0 & 1 & 0 \\ 0 & 0 & 0 & 0 \\ 1 & 0 & 0 & 0 \\ 0 & 0 & 0 & 0 \end{pmatrix},
$$

(A9)

and

$$
\lambda_4 = \begin{pmatrix} 0 & 0 & -i & 0 \\ 0 & 0 & 0 & 0 \\ i & 0 & 0 & 0 \\ 0 & 0 & 0 & 0 \end{pmatrix}, \quad \lambda_5 = \begin{pmatrix} 0 & 0 & 0 & 0 \\ 0 & 0 & 1 & 0 \\ 0 & 1 & 0 & 0 \\ 0 & 0 & 0 & 0 \end{pmatrix},
$$

$$
\lambda_6 = \begin{pmatrix} 0 & 0 & 0 & 0 \\ 0 & 0 & -i & 0 \\ 0 & i & 0 & 0 \\ 0 & 0 & 0 & 0 \end{pmatrix}, \quad \lambda_7 = \frac{1}{\sqrt{3}} \begin{pmatrix} 1 & 0 & 0 & 0 \\ 0 & 1 & 0 & 0 \\ 0 & 0 & -2 & 0 \\ 0 & 0 & 0 & 0 \end{pmatrix},
$$
(A10)

and

$$
\lambda_8 = \begin{pmatrix} 0 & 0 & 0 & 1 \\ 0 & 0 & 0 & 0 \\ 0 & 0 & 0 & 0 \\ 1 & 0 & 0 & 0 \end{pmatrix}, \quad \lambda_9 = \begin{pmatrix} 0 & 0 & 0 & -i \\ 0 & 0 & 0 & 0 \\ 0 & 0 & 0 & 0 \\ i & 0 & 0 & 0 \end{pmatrix},
$$

$$
\lambda_{10} = \begin{pmatrix} 0 & 0 & 0 & 0 \\ 0 & 0 & 0 & 1 \\ 0 & 0 & 0 & 0 \\ 0 & 1 & 0 & 0 \end{pmatrix}, \quad \lambda_{11} = \begin{pmatrix} 0 & 0 & 0 & 0 \\ 0 & 0 & 0 & -i \\ 0 & 0 & 0 & 0 \\ 0 & i & 0 & 0 \end{pmatrix},
$$
(A11)

and

$$
\lambda_{12} = \begin{pmatrix} 0 & 0 & 0 & 0 \\ 0 & 0 & 0 & 0 \\ 0 & 0 & 0 & 1 \\ 0 & 0 & 1 & 0 \end{pmatrix}, \quad \lambda_{13} = \begin{pmatrix} 0 & 0 & 0 & 0 \\ 0 & 0 & 0 & 0 \\ 0 & 0 & 0 & -i \\ 0 & 0 & i & 0 \end{pmatrix},
$$
\n(A12)

and $\lambda_{14} = \frac{1}{\sqrt{2}}$ $\frac{1}{6}$ diag(1, 1, 1, -3). For higher dimension, the generators can be constructed similarly.

The period *T* of the evolution is determined by the period of $C(t)$, which requires that all the energy gaps are commensurable with each other. For the case that $E_{i+1} - E_i$ is a constant *d* for any *i*, the period of $C(t)$ is $T = 2\pi/d$.

Recalling that $\vec{r}(t) = C^{T}(t)\vec{r}$, the angle between the initial and evolved Bloch vectors is

$$
\cos \theta = \frac{\vec{r}(t) \cdot \vec{r}}{|\vec{r}|^2} = \frac{\vec{r}^{\mathrm{T}} C(t) \vec{r}}{|\vec{r}|^2}.
$$
 (A13)

The set S can then be written as

$$
S = \left\{ \vec{r} \mid \cos \Theta = \frac{\vec{r}^{\mathrm{T}} C(t) \vec{r}}{|\vec{r}|^2}, \exists t \right\}.
$$
 (A14)

Utilizing Eq. $(A6)$, Eq. $(A13)$ can be rewritten as

$$
\cos \theta = 1 - \frac{1}{|\vec{r}|^2} \sum_{n=1}^{N-1} \sum_{i=0}^{n-1} \{1 - \cos[(E_n - E_i)t]\}
$$

$$
\times (r_{n^2+2i-1}^2 + r_{n^2+2i}^2), \tag{A15}
$$

where r_i is the *i*th element of \vec{r} , which directly gives

$$
S = \left\{ \vec{r} \, | \, 1 - \cos \Theta = \frac{1}{|\vec{r}|^2} \sum_{n=1}^{N-1} \sum_{i=0}^{n-1} \{ 1 - \cos[(E_n - E_i)t] \} \times (r_{n^2 + 2i - 1}^2 + r_{n^2 + 2i}^2), \exists t \right\}.
$$
\n(A16)

This is a general expression of S for time-independent Hamiltonians under unitary evolution.

APPENDIX B: QSL FOR TIME-INDEPENDENT HAMILTONIANS UNDER UNITARY EVOLUTION

1. Proof with the assistance of *S*

The calculation is to utilize the set S , in which all states satisfy the equation

$$
1 - \cos \Theta = \frac{1}{|\vec{r}|^2} \sum_{n=1}^{N-1} \sum_{i=0}^{n-1} \{1 - \cos[(E_n - E_i)t]\}
$$

$$
\times (r_{n^2+2i-1}^2 + r_{n^2+2i}^2).
$$
 (B1)

According to the definition, the operational definition of the QSL is the minimum time satisfying this equation. Now define

$$
f(t) := \frac{1}{|\vec{r}|^2} \sum_{n=1}^{N-1} \sum_{i=0}^{n-1} \{1 - \cos[(E_n - E_i)t]\}
$$

$$
\times (r_{n^2+2i-1}^2 + r_{n^2+2i}).
$$
 (B2)

Its derivative on *t* is

$$
\frac{\partial f}{\partial t} = \frac{1}{|\vec{r}|^2} \sum_{n=1}^{N-1} \sum_{i=0}^{n-1} (E_n - E_i) \sin[(E_n - E_i)t] \times (r_{n+2i-1}^2 + r_{n+2i}).
$$
\n(B3)

The proof contains two steps.

(1) We first prove that $f(\tau)$ is in the first monotonic increasing regime of $f(t)$. To do that, we need to prove $\frac{\partial f}{\partial t}\big|_{t=\tau} \geq 0$. The fact that

$$
(E_n - E_i)\tau = \frac{E_n - E_i}{E_{N-1} - E_0} \Theta \leq \Theta \leq \pi
$$
 (B4)

means the sine term in Eq. $(B3)$ is non-negative; at the same time, $E_n - E_i$ is also non-negative; thus, one can immediately obtain $\frac{\partial f}{\partial t}|_{t=\tau} \geq 0$. The same result can be obtained for any time $t \leq \tau$, indicating that $f(t)$ is a monotonic increasing function in the regime $[0, \tau]$.

(2) Next we compare the values of $f(\tau)$ and $1 - \cos \Theta$. Due to the equation $1 - \cos[(E_n - E_i)\tau] \leq 1 - \cos \Theta$, one can have

$$
\sum_{n=1}^{N-1} \sum_{i=0}^{n-1} \{1 - \cos[(E_n - E_i)\tau]\}^{\frac{r_{n^2+2i-1}^2 + r_{n^2+2i}}{|\vec{r}|^2}} \n\leq (1 - \cos \Theta) \sum_{n=1}^{N-1} \sum_{i=0}^{n-1} \frac{r_{n^2+2i-1}^2 + r_{n^2+2i}}{|\vec{r}|^2} \n\leq (1 - \cos \Theta),
$$
\n(B5)

which leads to

$$
f(\tau) \leqslant 1 - \cos \Theta. \tag{B6}
$$

In the case that the first crossover point between $f(t)$ and $1 - \cos \Theta$ is in the first monotonic increasing regime, as shown in Fig. $8(a)$, $t \ge \tau$ because $f(\tau) \le 1 - \cos \Theta$. In the case that the first crossover point is not in the first monotonic increasing regime, as shown in Fig. [8\(b\),](#page-10-0) *t* is also always

FIG. 8. Schematic of $f(t)$ as a function of t . The red line represents the value $1 - \cos \Theta$. The crossover points between two lines are the times at which the states reach the target angle.

larger than τ since τ is always in the first monotonic regime. The result $t \geq \tau$ is then proved.

The set S is worth studying. Denote $S^{(km)}$ as a subset of S in which all states satisfy $r_{n^2+2i-1}^2 + r_{n^2+2i}^2 \neq 0$ for $n =$ *k* and $i = m$ and $r_{n^2+2i-1}^2 + r_{n^2+2i}^2 = 0$ for all the other subscripts. For the set $\mathcal{S}^{(km)}$, the solution of τ satisfying Eq. [\(B1\)](#page-9-0) is $t = \frac{\Theta}{E_k - E_m}$. Next, consider another set $\mathcal{S}^{(km,lh)} \subset \mathcal{S}^{(km)} \subset \mathcal{S}$, in which all states satisfy $r_{n^2+2i-1}^2 + r_{n^2+2i}^2 \neq 0$ for both $n =$ $k, i = m$ and $n = l, i = h$ and zero for all other subscripts. It is obvious that $\mathcal{S}^{(km,lh)} \subset \mathcal{S}^{(lh)}$. Utilizing the same strategy as we used above, it can be proved that the time given by $S^{(km,lh)}$ is larger than min $\{\frac{\Theta}{E_k - E_m}, \frac{\Theta}{E_l - E_h}\}$. In this way, one can conclude that the time given by $S^{(km,lh,\cdots)}$ is bounded by $\min\{\frac{\Theta}{E_k-E_m},\frac{\Theta}{E_l-E_h},\cdots\}.$

The states that can attain τ need to satisfy $r_{N^2-2N}^2$ + $r_{N^2-2N+1}^2 \neq 0$, which is

$$
\sum_{i=0}^{N-1} \frac{1}{N} |E_i\rangle \langle E_i| + \xi |E_0\rangle \langle E_{\text{max}}| + \xi^* |E_{\text{max}}\rangle \langle E_0|, \tag{B7}
$$

where $\xi = \sqrt{\frac{N-1}{2N}} (r_{N^2-2N} - ir_{N^2-2N+1})$. The specific matrix formula in the energy basis $\{|E_m\rangle\}$ is

$$
\begin{pmatrix}\n\frac{1}{N} & 0 & \cdots & 0 & \xi \\
0 & \frac{1}{N} & 0 & \cdots & 0 \\
\vdots & 0 & \ddots & 0 & \vdots \\
0 & \cdots & 0 & \frac{1}{N} & 0 \\
\xi^* & 0 & \cdots & 0 & \frac{1}{N}\n\end{pmatrix}.
$$
 (B8)

To be a positive semidefinite matrix, ξ should satisfy $|\xi| \in$ (0, 1/*N*].

2. Proof from the optimization of τ_{B}

The target angle for the QSL is defined in various ways. With respect to the Bloch vector, an elegant theoretical tool was provided by Campaioli *et al.* [\[13\]](#page-17-0), which is a statedependent bound with the expression

$$
\tau_{\rm B} = \frac{\Theta}{Q},\tag{B9}
$$

where

$$
Q = \frac{1}{t} \int_0^t dt' \sqrt{\frac{2 \text{Tr}(\rho_{t'}^2 H^2 - \rho_{t'} H \rho_{t'} H)}{\text{Tr}(\rho_{t'}^2) - 1/N}}.
$$
 (B10)

In the energy eigenspace $\{|E_m\rangle\}$, one can see that

$$
\begin{split} \operatorname{Tr}(\rho_{i'}^2 H^2) \\ &= \frac{1}{N^2} \sum_{n} E_n^2 + \frac{N-1}{2N} \sum_{ijn} r_i(t') r_j(t') E_n^2 \langle E_n | \lambda_i \lambda_j | E_n \rangle \\ &+ \frac{2}{N^2} \sqrt{\frac{N(N-1)}{2}} \sum_{in} r_i(t') E_n^2 \langle E_n | \lambda_i | E_n \rangle. \end{split} \tag{B11}
$$

Inserting $\mathbb{1} = \sum_m |E_m\rangle\langle E_m|$ in the equation above, we obtain $\text{Tr}\big(\rho_{t'}^2H^2\big)$

$$
= \frac{1}{N^2} \sum_{n} E_n^2 + \frac{2}{N^2} \sqrt{\frac{N(N-1)}{2}} \sum_{in} r_i(t') E_n^2 \langle E_n | \lambda_i | E_n \rangle
$$

+
$$
\frac{N-1}{2N} \sum_{ijmn} r_i(t') r_j(t') E_n^2 \langle E_n | \lambda_i | E_m \rangle \langle E_m | \lambda_j | E_n \rangle.
$$

Next, since

 $\text{Tr}(\rho_{t'}H\rho_{t'}H)$

$$
= \frac{1}{N^2} \sum_n E_n^2 + \frac{2}{N} \sqrt{\frac{N(N-1)}{2N}} \sum_{i,n} r_i(t') E_n^2 \langle E_n | \lambda_i | E_n \rangle
$$

+
$$
\frac{N-1}{2N} \sum_{ijmn} r_i(t') r_j(t') E_n E_m \langle E_n | \lambda_i | E_m \rangle \langle E_m | \lambda_j | E_n \rangle,
$$

one can have

$$
\frac{2N}{N-1} \text{Tr} \left(\rho_{t'}^2 H^2 - \rho_{t'} H \rho_{t'} H \right)
$$
\n
$$
= \sum_{ijmn} r_i(t') r_j(t') E_n(E_n - E_m) \langle E_n | \lambda_i | E_m \rangle \langle E_m | \lambda_j | E_n \rangle
$$
\n
$$
= \frac{1}{2} \sum_{ijmn} r_i(t') r_j(t') (E_n - E_m)^2 \langle E_n | \lambda_i | E_m \rangle \langle E_m | \lambda_j | E_n \rangle
$$
\n
$$
= \frac{1}{2} \sum_{ijnm} r_i(t') r_j(t') (E_n - E_m)^2 \text{Re}(\langle E_n | \lambda_i | E_m \rangle \langle E_m | \lambda_j | E_n \rangle).
$$

In the meantime, $\text{Tr}(\rho^2) - \frac{1}{N} = \frac{N-1}{N} |\vec{r}|^2$. *Q* can then be finally obtained as

$$
Q = \frac{1}{t} \int_0^t dt' \sqrt{\sum_{ijnm} \frac{r_i(t')r_j(t')}{2|\vec{r}|^2} (E_n - E_m)^2}
$$

$$
\times \sqrt{\text{Re}(\langle E_n | \lambda_i | E_m \rangle \langle E_m | \lambda_j | E_n \rangle)}.
$$
(B12)

For three-level systems, we chose Gell-Mann matrices as the SU(3) generators. The nonzero terms in the summation in the above equation are those with $i = j$. Through some algebra, the term in the square root can be expressed by

$$
\frac{1}{|\vec{r}|^2} \{ [r_0^2(t') + r_1^2(t')] (E_1 - E_0)^2 + [r_3^2(t') + r_4^2(t')] \times (E_2 - E_0)^2 + [r_5^2(t') + r_6^2(t')] (E_2 - E_1)^2 \}.
$$
 (B13)

The maximum *Q* can then be obtained when $r_3^2(t') + r_4^2(t') =$ $|\vec{r}|^2$, which gives $Q_{\text{max}} = E_2 - E_0$, and τ_B reduces to τ .

APPENDIX C: ONE-DIMENSIONAL TRANSVERSE ISING MODEL

Explicit expressions can be derived in the continuum by replacing the discrete sum over the set of quasimomenta by an integral, i.e., $\sum_{k} \rightarrow \frac{M}{2\pi} \int dk$. The ground-state energy then reads

$$
E_0 = \frac{M}{2\pi} \int \omega_k dk = -\text{sgn}(h+1) \frac{2M(h+1)}{\pi} E\left(\frac{4h}{(h+1)^2}\right),\tag{C1}
$$

where $E(x)$ denotes the complete elliptic integral of the second kind. Similarly, it is found that

$$
\delta \tau = \frac{\delta h \operatorname{sgn}(h+1)\pi \Theta/J}{8Mh(h+1)^2 E^2 \left(\frac{4h}{(h+1)^2}\right)}
$$

$$
\times \left[(h+1)E\left(\frac{4h}{(h+1)^2}\right) + (h-1)K\left(\frac{4h}{(h+1)^2}\right) \right],
$$

where $K(x)$ denotes the complete elliptic integral of the first kind. Note that $\delta \tau \propto M^{-1}$. In particular, in the neighborhood of the critical point $h = 1$,

$$
\delta \tau \approx \frac{\pi \delta h \Theta / J}{32M} \bigg[5 - 3h - (h - 1) \log \left(\frac{h - 1}{8} \right) \bigg]. \quad \text{(C2)}
$$

APPENDIX D: QSL IN TWO-LEVEL SYSTEMS

In this Appendix we analyze two-level systems. The Hamiltonian of a two-level system in the energy basis is $H =$ $E_0|E_0\rangle\langle E_0| + E_1|E_1\rangle\langle E_1|$, where E_0 and E_1 are the energies and $|E_0\rangle$ and $|E_1\rangle$ are corresponding eigenstates. Define σ_z as $\sigma_z := |E_1\rangle\langle E_1| - |E_0\rangle\langle E_0|$, namely, the Pauli matrix in basis $\{|E_0\rangle, |E_1\rangle\}$. With the Pauli matrix, the Hamiltonian can be rewritten as $H = \frac{1}{2}(E_0 + E_1)\mathbb{1} + \frac{1}{2}(E_1 - E_0)\sigma_z$. The identity matrix 1 commutes with any operator, hence it has nothing to do with the evolution. Then the Hamiltonian can be simplified into $\frac{1}{2}(E_1 - E_0)\sigma_z$. In the Bloch representation, this means the evolution of any state is the rotation of the corresponding Bloch vector about the *z* axis. A general vector in the Bloch sphere can be expressed by

$$
\vec{r}(\eta, \alpha, \varphi) = \eta(\sin \alpha \cos \varphi, \sin \alpha \sin \varphi, \cos \alpha), \quad (D1)
$$

where $\eta \in [0, 1]$, $\alpha \in [0, \pi]$ and $\varphi \in [0, 2\pi]$. For an initial state $\vec{r}(\eta_0, \alpha_0, \varphi_0)$, the evolved state is

$$
\vec{r}(t) = \eta(\sin \alpha \cos \varphi \cos(\omega t) - \sin \alpha \sin \varphi \sin(\omega t)),
$$

$$
\sin \alpha \cos \varphi \sin(\omega t) + \sin \alpha \sin \varphi \cos(\omega t), \cos \alpha).
$$

It can be seen in this equation that the period of the dynamics is

$$
T = \frac{2\pi}{\omega} = \frac{2\pi}{E_1 - E_0}.
$$
 (D2)

For two-level systems, utilizing Eq. $(D1)$, the constraint in S given in Proposition 3 reduces to

$$
\sin^2\left(\frac{\Theta}{2}\right) = \sin^2\left(\frac{\omega t}{2}\right)\sin^2\alpha.
$$
 (D3)

The state with $\alpha = 0$ does not evolve in this case, hence not in the set S. For $\alpha \neq 0$, the condition for α to make sure the equation above has solutions for *t* is

$$
\sin^2\left(\frac{\Theta}{2}\right) \leqslant \sin^2\alpha,\tag{D4}
$$

which is equivalent to

$$
\alpha \in \left[\frac{\Theta}{2}, \pi - \frac{\Theta}{2}\right].
$$
 (D5)

Furthermore, the minimum time under constraint $(D3)$ is reached when α is maximum, i.e., $\alpha = \pi/2$, which leads to

$$
\tau = \frac{\Theta}{\omega} = \frac{\Theta}{E_1 - E_0}.
$$
 (D6)

Corollary 3 is proved.

To better understand the physics behind the QSL, we analyze the two-level systems from a fully geometric perspective. For any specific initial state \vec{r} (η , α , φ), the set of all states on the evolution trajectory (denoted by \mathcal{E}) is

$$
\mathcal{E} = \{\vec{r}(\eta, \alpha, \varphi)|\varphi \in [0, 2\pi]\}.
$$
 (D7)

One may notice that the set of all target states for a specific initial state (denoted by T) here is a cone with the initial state as the axis and Θ the central angle. For any state \vec{r} (η , α , φ), the condition of $\vec{r} \in S$ is that $\mathcal E$ and $\mathcal T$ have intersections.

In the case that $\alpha = \Theta/2$, $\mathcal{E} = \mathcal{T} = {\vec{r}(\eta, \frac{\Theta}{2}, \varphi)}|\varphi \in \mathcal{E}$ [0, 2π]} for any specific η , as shown in the yellow cone in Fig. [9\(a\).](#page-12-0) The coincidence between $\mathcal E$ and $\mathcal T$ means that all the states with $\eta \neq 0$ in E are in the set S, i.e., $S_1 =$ ${\lbrace \vec{r}(n, \frac{\Theta}{2}, \varphi) | \eta \in (0, 1], \varphi \in [0, 2\pi] \rbrace \in S}$. Furthermore, it is easy to see that for any specific state in this case only one target state exists, i.e., the symmetrical state with respect to the initial state about the *z* axis. It requires half of the period

FIG. 9. Schematic of three scenarios for the calculation of the operational definition of the QSL in a qubit system. (a) The case $\alpha \leq \Theta/2$ (α is the angle between the initial state and the *z* axis). When $\alpha < \Theta/2$, there exists no target state fulfilling the angle Θ . When $\alpha = \Theta/2$, only one target state exists. (b) The case $\alpha > \Theta/2$. For this case, two target states exist. (c) is the projection of initial and target states on the *xy* plane.

to rotate the initial state to its symmetrical state; thus, the evolution time in this scenario is

$$
t = \frac{\pi}{\omega} = \frac{\pi}{E_1 - E_0}.
$$
 (D8)

Next, for the case that $\alpha < \Theta/2$, all states within $\mathcal E$ [the blue cone in Fig. $9(a)$] fail to reach the target Θ since the largest angle between the initial state and the evolved state is 2α , which is smaller than Θ . This means any state satisfying $\alpha < \Theta/2$ is not in the set S.

For the case that $2\alpha > \Theta$, *E* [the blue cone in Fig. 9(b)] for any value of η shares two vectors with $\mathcal T$ [the purple cone in Fig. $9(b)$], which means any state in this scenario has two target states $\vec{r}_{\text{tar}1}$ and $\vec{r}_{\text{tar}2}$ on the evolution trajectory. Thus, $S_2 = {\{\vec{r}(\eta, \alpha, \varphi) | \eta \in (0, 1], \alpha > \frac{\Theta}{2}, \varphi \in [0, 2\pi]\}} \in S.$ Since the rotation is counterclockwise (looking against the *z* axis), the evolution time to $\vec{r}_{\text{tar}1}$ is smaller than the one to $\vec{r}_{\text{tar}2}$. To calculate this evolution time, the angle between the projections of $\vec{r} = \vec{r}(\eta, \alpha, \varphi)$ and \vec{r}_{tar1} on the *xy* plane (denoted as β) needs to be known. From Fig. 9(c), it can be found that the length of the projection of \vec{r} is $|\vec{r}| \sin \alpha$, and the length between these two projections is $2|\vec{r}| \sin(\frac{\Theta}{2})$. Thus, the angle $\beta = 2 \arcsin \left(\frac{\sin \left(\frac{\Theta}{2} \right)}{\sin \alpha} \right)$, which indicates that the evolution time is

$$
t = \frac{2\pi}{E_1 - E_0} \frac{\beta}{2\pi} = \frac{2}{E_1 - E_0} \arcsin\left(\frac{\sin\left(\frac{\Theta}{2}\right)}{\sin\alpha}\right).
$$
 (D9)

The minimum value of this evolution time is $\frac{\Theta}{E_1-E_0}$, which is attained at $\alpha = \pi/2$. Combing the result obtained in the case of $2\alpha = \Theta$, one can finally obtain $t \ge \frac{\Theta}{E_1 - E_0}$, and the set $S =$ $S_1 \cup S_2$. The case with $\pi - \alpha$ can be analyzed in the same way.

APPENDIX E: THE OPERATIONAL DEFINITION OF THE QSL IN THE LANDAU-ZENER MODEL

The Hamiltonian of Landau-Zener model is

$$
H = \Delta \sigma_x + vt \sigma_z, \tag{E1}
$$

where $\sigma_z = |1\rangle\langle 1| - |0\rangle\langle 0|$ with $|\{|0\rangle, |1\rangle\}$ the computational basis. Δ and v are two time-independent parameters. For the case that $\Delta = 0$, $|0\rangle$ and $|1\rangle$ are the eigenstates of the Hamiltonian. The evolution operator for this Hamiltonian can then be calculated as

$$
U = \exp\left(-\frac{i}{2}vt^2\sigma_z\right). \tag{E2}
$$

In the following we will use the traditional notations r_x , r_y , r_z as the entries of the Bloch vector instead of r_0, r_1, r_2 . With the above unitary operator, the evolved Bloch vector can be calculated as below:

$$
r_x(t) = \cos(vt^2)r_x - \sin(vt^2)r_y, \tag{E3}
$$

$$
r_y(t) = \sin(vt^2)r_x + \cos(vt^2)r_y, \tag{E4}
$$

$$
r_z(t) = r_z. \tag{E5}
$$

The angle between the initial and evolved states is then of the form

$$
\cos \theta = \frac{\vec{r}(t) \cdot \vec{r}}{|\vec{r}|^2} = \frac{\cos(vt^2)(r_x^2 + r_y^2) + r_z^2}{|\vec{r}|^2}, \quad \text{(E6)}
$$

where $|\vec{r}|$ is the norm of \vec{r} . For the target angle Θ , the evolution time needs to satisfy the equation

$$
\sin^2\left(\frac{vt^2}{2}\right) = \frac{|\vec{r}|^2}{|\vec{r}|^2 - r_z^2} \sin^2\left(\frac{\Theta}{2}\right). \tag{E7}
$$

In the figure of $\sin^2(v t^2/2)$ as a function of *t*, due to the fact that the first extremal value of $\sin^2(v t^2/2)$ is 1, which is also the global maximum value, the first crossover point between it and the line $\frac{|\vec{r}|^2}{|\vec{r}|^2}$ $\frac{|\vec{r}|^2}{|\vec{r}|^2 - r_z^2} \sin^2(\frac{\Theta}{2})$ is always in the first monotonic increasing regime, in which a smaller value of $\frac{|\vec{r}|^2}{|\vec{r}|^2}$ $\frac{|\vec{r}|^2}{|\vec{r}|^2-r_z^2}$ sin² ($\frac{\Theta}{2}$) gives a smaller value of *t*. Therefore, the minimum time τ satisfying the equation above is attained when $\frac{|\vec{r}|^2}{|\vec{r}|^2}$ $\frac{|r|^2}{|\vec{r}|^2 - r_z^2}$ is minimum. Due to the fact that $\frac{|\vec{r}|^2}{|\vec{r}|^2}$ $\frac{|r|^2}{|\vec{r}|^2 - r_z^2} \geq 1$, τ is of the form

$$
\tau = \sqrt{\frac{\Theta}{v}},\tag{E8}
$$

which is attained at $r_z = 0$, i.e., any state in the *xy* plane.

The set S (in Fig. [5\)](#page-5-0) for all values of Δ in the Landau-Zener model is center symmetric about the original point; this is due to the fact the trajectories of two center symmetric states are also center symmetric, as shown in Fig. [10,](#page-13-0) which means the evolution of the angles between the initial and evolved states are the same for these two states. Therefore they can both reach the target angle simultaneously, which is the reason why S is also center symmetric.

FIG. 10. Trajectories of center symmetric states (red dots) for $\Delta = 1.0$ (left) and $\Delta = 2.0$ (right). The center symmetric states have center symmetric trajectories, which is the reason for S to be center symmetric.

Next we calculate the bound $\tau_{\rm B} = \Theta/Q$ [\[13\]](#page-17-0), where

$$
Q = \frac{1}{t} \int_0^t \sqrt{\frac{2 \text{Tr}[\rho(t')^2 H^2 - \rho(t') H \rho(t') H]}{\text{Tr}[\rho(t')^2] - 1/2}} dt'.
$$
 (E9)

Since $\text{Tr}[\rho(t')^2 H^2] = \frac{1}{2}(\Delta^2 + v^2 t'^2)(1 + |\vec{r}|^2)$, and

$$
\text{Tr}[\rho(t')H\rho(t')H] = \frac{1}{2}\Delta^2(1-|\vec{r}|^2 + 2r_x^2) + 2\Delta vt' r_x r_z
$$

$$
+ \frac{1}{2}v^2 t'^2 (1-|\vec{r}|^2 + 2r_z^2), \qquad (E10)
$$

then one can have

$$
2\text{Tr}[\rho(t')^2 H^2] - 2\text{Tr}[\rho(t')H\rho(t')H] = 2(\Delta^2 + v^2 t'^2)|\vec{r}|^2 - 2(\Delta r_x + vt' r_z)^2.
$$
 (E11)

In the meantime, $Tr[\rho(t')^2] - \frac{1}{2} = \frac{1}{2}|\vec{r}|^2$, which gives us the final expression of *Q* in this case as

$$
Q = \frac{2}{t} \int_0^t dt' \sqrt{\Delta^2 + v^2 t'^2 - \frac{1}{|\vec{r}|^2} (\Delta r_x + vt' r_z)^2}.
$$
 (E12)

When $\Delta = 0$, $r_z(t') = r_z$ is a constant, and the equation above reduces to

$$
Q = vt \sqrt{1 - \frac{r_z^2}{|\vec{r}|^2}}.
$$
 (E13)

APPENDIX F: QSL IN OPEN SYSTEMS

1. *S* **for the general master equation**

For many quantum open systems, the dynamics is governed by the following master equation:

$$
\partial_t \rho = -i[H, \rho] + \sum_i \gamma_i \bigg[L_i \rho L_i^{\dagger} - \frac{1}{2} \{ L_i^{\dagger} L_i, \rho \} \bigg], \qquad (F1)
$$

where ρ is a *N*-dimensional density matrix, and L_i is the *i*th Lindblad operator depicting a certain decay mode. Now we calculate the set S for this dynamics. Substituting the Bloch representation of ρ into the equation above, one can obtain

$$
\sum_{k} (\partial_{t} r_{k}) \lambda_{k} = -i \sum_{k} r_{k} [H, \lambda_{k}] + \sum_{i} \gamma_{i} \sqrt{\frac{2}{N(N-1)}} [L_{i}, L_{i}^{\dagger}] + \sum_{i} \gamma_{i} \sum_{k} r_{k} \left(L_{i} \lambda_{k} L_{i}^{\dagger} - \frac{1}{2} \{ L_{i}^{\dagger} L_{i}, \lambda_{k} \} \right).
$$
\n(F2)

Recall that the SU(*N*) generators satisfy

$$
[\lambda_k, \lambda_l] = 2i \sum_m \epsilon_{klm} \lambda_m, \tag{F3}
$$

$$
\{\lambda_k, \lambda_l\} = \frac{4}{N} \delta_{kl} \mathbb{1} + 2 \sum_m \mu_{klm} \lambda_m, \tag{F4}
$$

where ϵ_{klm} and μ_{klm} are some constants. Substituting λ_l into both sides of the equation above and taking the trace, one can finally obtain the following equation:

$$
\partial_t \vec{r} = \mathcal{M}^{\mathrm{T}} \vec{r} + \vec{q}, \tag{F5}
$$

which is an affine map with the entries of the coefficients

$$
\mathcal{M}_{kl} = \sum_{i} \frac{\gamma_i}{2} \left[\text{Tr}(L_i \lambda_k L_i^{\dagger} \lambda_l) - \sum_{m} \mu_{klm} \text{Tr}(L_i^{\dagger} L_i \lambda_m) \right] + \sum_{m} \epsilon_{klm} \text{Tr}(H \lambda_m) - \frac{1}{N} \sum_{i} \gamma_i \delta_{kl} \text{Tr}(L_i^{\dagger} L_i), \quad (F6)
$$

and

$$
q_l = \sum_i \frac{\gamma_i}{\sqrt{2N(N-1)}} \text{Tr}([L_i, L_i^{\dagger}] \lambda_l). \tag{F7}
$$

In the case that L_i can be decomposed with the generators, i.e., $L_i = e_{i,i}$ d $\mathbf{1} + \sum_k e_{i,k} \lambda_k$, the coefficients can be rewritten as

$$
\mathcal{M}_{kl} = \sum_{m} \epsilon_{klm} \Bigg[\text{Tr}(H\lambda_{m}) + 2 \sum_{i} \gamma_{i} \text{Im}(e_{i,\text{id}}e_{i,m}^{*}) \Bigg] \n+ \frac{2}{N} \sum_{i} \gamma_{i} \Bigg(e_{i,k}e_{i,l}^{*} - \delta_{kl} \sum_{k'} |e_{i,k'}|^{2} \Bigg) \n+ \sum_{ik'mm'} \gamma_{i} e_{i,k'} e_{i,m'}^{*} [(i\epsilon_{k'km} + \mu_{k'km})(i\epsilon_{mm'l} + \mu_{mm'l}) \n- \mu_{klm} (i\epsilon_{mm'k'} + \mu_{mm'k'})], \tag{F8}
$$

and

$$
q_l = \sum_{ikk'} \frac{4\gamma_i \text{Im}(e_{i,k}^* e_{i,k'}) \epsilon_{kkl'}}{\sqrt{2N(N-1)}}.
$$
 (F9)

For example, the coefficients for $N = 2$ reduce to

$$
\mathcal{M}_{kl} = \sum_{m} \epsilon_{klm} \Bigg[\text{Tr}(H\lambda_m) + 2 \sum_{i} \gamma_i \text{Im}(e_{i,\text{id}}e_{i,m}^*) \Bigg]
$$

+2 $\sum_{i} \gamma_i \Bigg[\text{Re}(e_{i,k}e_{i,l}^*) - \delta_{kl} \sum_{k'} |e_{i,k'}|^2 \Bigg],$ (F10)
and $q_l = \sum_{ikk'} 2\gamma_i \text{Im}(e_{i,k}^*e_{i,k'})\epsilon_{kk'l}.$

In the case that M and \vec{q} are time independent, the solution of Eq. $(F5)$ is

$$
\vec{r}(t) = e^{\mathcal{M}^{T}t}(\vec{r} - \vec{l}) + \vec{l},
$$
\n(F11)

where \vec{l} satisfies $\mathcal{M}^T \vec{l} = -\vec{q}$. The inner product between $\vec{r}(t)$ and *r* then reads

$$
\vec{r}(t) \cdot \vec{r} = \vec{r}^{\mathrm{T}} e^{\mathcal{M}^{\mathrm{T}}t} (\vec{r} - \vec{l}) + \vec{r}^{\mathrm{T}} \vec{l}.
$$
 (F12)

Therefore, the general expression of S for the abovementioned master equation is

$$
S = \left\{ \vec{r} \mid \cos \Theta = \frac{\vec{r}^{\mathrm{T}} e^{\mathcal{M}^{\mathrm{T}} t} (\vec{r} - \vec{l}) + \vec{r}^{\mathrm{T}} \vec{l}}{|e^{\mathcal{M}^{\mathrm{T}} t} (\vec{r} - \vec{l}) + \vec{l} || \vec{r}|}, \exists t \right\}.
$$
 (F13)

2. Spontaneous emission

a. Calculation of S

Here we show the analysis of the QSL for the dynamics

$$
\partial_t \rho = -i[H, \rho] + \gamma_+ \left[\sigma_+ \rho \sigma_- - \frac{1}{2} \{ \sigma_- \sigma_+, \rho \} \right]
$$

$$
+ \gamma_- \left[\sigma_- \rho \sigma_+ - \frac{1}{2} \{ \sigma_+ \sigma_-, \rho \} \right], \qquad (F14)
$$

where $\sigma_{\pm} = (\sigma_x \pm i\sigma_y)/2$ and $H = \omega_0 \sigma_z/2$. In the Bloch representation, M reads

$$
\mathcal{M} = \begin{pmatrix} -\frac{1}{2}(\gamma_+ + \gamma_-) & \omega_0 & 0 \\ -\omega_0 & -\frac{1}{2}(\gamma_+ + \gamma_-) & 0 \\ 0 & 0 & -(\gamma_+ + \gamma_-) \end{pmatrix},
$$

and $\vec{q} = (0, 0, \gamma_+ - \gamma_-)^T$. Then the solution is

$$
r_x(t) = e^{-\frac{1}{2}(y_+ + y_-)t} [\cos(\omega_0 t) r_x(0) - \sin(\omega_0 t) r_y(0)],
$$

$$
r_y(t) = e^{-\frac{1}{2}(y_+ + y_-)t} [\cos(\omega_0 t) r_y(0) + \sin(\omega_0 t) r_x(0)],
$$

$$
r_{z}(t) = \frac{\gamma_{+} - \gamma_{-}}{\gamma_{+} + \gamma_{-}} 1 - e^{-(\gamma_{+} + \gamma_{-})t} + e^{-(\gamma_{+} + \gamma_{-})t} r_{z}(0). \tag{F15}
$$

Rewriting the initial state as

$$
\vec{r}(0) = \eta(\sin \alpha \cos \varphi, \sin \alpha \sin \varphi, \cos \alpha),
$$
 (F16)

the solutions reduce to

$$
r_x(t) = \eta e^{-(\gamma_+ + \gamma_-)t/2} \sin \alpha \cos(\omega_0 t + \varphi),
$$

\n
$$
r_y(t) = \eta e^{-(\gamma_+ + \gamma_-)t/2} \sin \alpha \sin(\omega_0 t + \varphi),
$$
 (F17)
\n
$$
r_z(t) = \eta e^{-(\gamma_+ + \gamma_-)t} \cos \alpha + \frac{\gamma_+ - \gamma_-}{\gamma_-} [1 - e^{-(\gamma_+ + \gamma_-)t}].
$$

$$
r_z(t) = \eta e^{-(\gamma_+ + \gamma_-)t} \cos \alpha + \frac{\gamma_+ - \gamma_-}{\gamma_+ + \gamma_-} [1 - e^{-(\gamma_+ + \gamma_-)t}]
$$

The purity is of the form

$$
|\vec{r}(t)|^2 = \left\{ \frac{\gamma_+ - \gamma_-}{\gamma_+ + \gamma_-} [1 - e^{-(\gamma_+ + \gamma_-)t}] + \eta e^{-(\gamma_+ + \gamma_-)t} \cos \alpha \right\}^2
$$

$$
+ \eta^2 e^{-(\gamma_+ + \gamma_-)t} \sin^2 \alpha.
$$
 (F18)

In the mean time, the inner product between the initial and evolved states is

$$
\vec{r}(0) \cdot \vec{r}(t) = \eta^2 e^{-(\gamma_+ + \gamma_-)t} \cos^2 \alpha + \eta^2 e^{-\frac{1}{2}(\gamma_+ + \gamma_-)t} \sin^2 \alpha \cos(\omega_0 t)
$$

$$
+ \eta \frac{\gamma_+ - \gamma_-}{\gamma_+ + \gamma_-} [1 - e^{-(\gamma_+ + \gamma_-)t}] \cos \alpha. \tag{F19}
$$

Hence, S in this case can be expressed by

$$
S = \left\{ \vec{r}(\eta, \alpha) | \cos \Theta = \frac{\sin^2 \alpha \cos(\omega_0 t) + \cos \alpha \chi}{\sqrt{\sin^2 \alpha + \chi^2}}, \exists t \right\},\
$$
(F20)

in which

$$
\chi = e^{-\frac{1}{2}\gamma_{\rm f}t} \cos \alpha + \frac{2\gamma_{\rm d}}{\eta\gamma_{\rm f}} \sinh\left(\frac{1}{2}\gamma_{\rm f}t\right) \tag{F21}
$$

with $\gamma_f = \gamma_+ + \gamma_-$ and $\gamma_d = \gamma_+ - \gamma_-$.

b. Markovian dynamics

Now we consider the case $\gamma_+ = 0$ and $\gamma_- = \gamma$, which represents the dynamics of the spontaneous emission. In this case, χ reduces to

$$
\chi = e^{-\frac{1}{2}\gamma t} \cos \alpha - \frac{2}{\eta} \sinh\left(\frac{1}{2}\gamma t\right).
$$
 (F22)

Now we assume η is very small (in the following we will use $\delta\eta$ instead) and the time to reach the target angle could also be very small. For a very small γt , χ approximates to

$$
\chi \approx \cos \alpha - \frac{\gamma t}{\delta \eta}, \qquad (F23)
$$

with which the constraint in Eq. (F20) reduces to

$$
\cos \Theta = \frac{1 - \frac{\gamma t}{\delta \eta} \cos \alpha}{\sqrt{1 - \frac{2\gamma t}{\delta \eta} \cos \alpha + \frac{\gamma^2 t^2}{(\delta \eta)^2}}} \\
= \frac{1 - \frac{\gamma t}{\delta \eta} \cos \alpha}{\sqrt{\left(1 - \frac{\gamma t}{\delta \eta} \cos \alpha\right)^2 + \frac{\gamma^2 t^2}{(\delta \eta)^2} \sin^2 \alpha}}.
$$
(F24)

Considering the case that $\Theta \in (0, \pi/2)$, the equation above is equivalent to

$$
\cot \Theta = \frac{1 - \frac{\gamma t}{\delta \eta} \cos \alpha}{\frac{\gamma t}{\delta \eta} \sin \alpha},
$$
 (F25)

which can be rewritten as

$$
\sin \alpha \cot \Theta + \cos \alpha = \frac{\delta \eta}{\gamma t}.
$$
 (F26)

For a fixed $\delta \eta$, the minimum time can be obtained when the left-hand term is maximum. Using the derivative of the left-hand term with respect to α cos α cot Θ – sin α , one can immediately find out that the maximum value is obtained when cot $\Theta = \tan \alpha$, i.e.,

$$
\alpha = \frac{\pi}{2} - \Theta. \tag{F27}
$$

With this optimal initial state, τ reads

$$
\tau = \frac{\delta \eta}{\gamma} \sin \Theta.
$$
 (F28)

A remarkable fact here is that τ is propositional to $\delta \eta$, which means mixed initial states can provide a smaller τ than pure states.

c. Non-Markovian dynamics

This model ($\gamma_+ = 0$, $\gamma_- = \gamma$) can also reveal the non-Markovian dynamics of damped Jaynes-Cummings models, in which $\gamma = \gamma(t)$ is a time-dependent decay rate. Utilizing an effective Lorentzian spectral density

$$
J(\omega) = \frac{1}{2\pi} \frac{\gamma_0 \lambda}{(\omega_0 - \omega)^2 + \lambda^2},
$$
 (F29)

where λ is the spectral width and γ_0 is the coupling strength. $\gamma(t)$ can be analytically obtained as [\[21\]](#page-17-0)

$$
\gamma(t) = \frac{8\gamma_0 \lambda \sinh\left(\frac{1}{2}dt\right)}{d\cosh\left(\frac{1}{2}dt\right) + \lambda \sinh\left(\frac{1}{2}dt\right)},\tag{F30}
$$

where $d = \sqrt{\lambda^2 - 2\gamma_0\lambda}$. In this case, the entries of the Bloch vector read

$$
r_x(t) = \eta e^{-\frac{1}{2}\text{Re}(\Gamma)} \sin \alpha \cos \left(\frac{1}{2}\text{Im}(\Gamma) + \omega_0 t + \varphi\right),
$$

$$
r_y(t) = \eta e^{-\frac{1}{2}\text{Re}(\Gamma)} \sin \alpha \sin \left(\frac{1}{2}\text{Im}(\Gamma) + \omega_0 t + \varphi\right),
$$

$$
r_z(t) = \eta \cos \alpha e^{-\text{Re}(\Gamma)} - (1 - e^{-\text{Re}(\Gamma)}),
$$

where $\Gamma = \int_0^t \gamma(t')dt'$ and Re(·) and Im(·) are the real and imaginary parts. With these expressions, the norm square of *r* can be calculated as

$$
|\vec{r}(t)|^2 = \eta^2 e^{-\text{Re}(\Gamma)} \sin^2 \alpha + [(1 + \eta \cos \alpha)e^{-\text{Re}(\Gamma)} - 1]^2.
$$
\n(F31)

In the mean time,

$$
\vec{r} \cdot \vec{r}(t) = \eta^2 e^{-\frac{1}{2} \text{Re}(\Gamma)} \Biggl\{ \sin^2 \alpha \cos \left(\frac{1}{2} \text{Im}(\Gamma) + \omega_0 t \right) + \cos \alpha \Biggl[e^{-\frac{1}{2} \text{Re}(\Gamma)} \cos \alpha - \frac{2}{\eta} \sinh \left(\frac{1}{2} \text{Re}(\Gamma) \right) \Biggr] \Biggr\},\,
$$

which directly gives the set S as

$$
S = \left\{ \vec{r} \mid \cos \Theta = \frac{\sin^2 \alpha \cos \left[\frac{1}{2} \text{Im}(\Gamma) + \omega_0 t \right] + \cos \alpha \chi_1}{\sqrt{\sin^2 \alpha + \chi_1^2}} \right\},\tag{F32}
$$

where

$$
\chi_1 = e^{-\frac{1}{2}\text{Re}(\Gamma)}\cos\alpha - \frac{2}{\eta}\sinh\left[\frac{1}{2}\text{Re}(\Gamma)\right].
$$
 (F33)

The numerical calculation suggests that, similar to the Markovian dynamics, a lousy purity in this case can also benefit the reduction of τ . Since τ is very small here, Γ would also be very small in the case that γ_0 is not too large. In this case, χ_1 approximates to $\chi_1 \approx \cos \alpha - \frac{\text{Re}(\Gamma)}{\delta \eta}$, which makes

$$
\cos \Theta = \frac{1 - \frac{\text{Re}(\Gamma)}{\delta \eta} \cos \alpha}{\sqrt{\left(1 - \frac{\text{Re}(\Gamma)}{\delta \eta} \cos \alpha\right)^2 + \frac{\text{Re}^2(\Gamma)}{(\delta \eta)^2} \sin^2 \alpha}}.
$$
(F34)

We also consider the case that $\Theta \in (0, \pi/2)$; the equation above equals to

$$
\cot \Theta = \frac{1 - \frac{\text{Re}(\Gamma)}{\delta \eta} \cos \alpha}{\frac{\text{Re}(\Gamma)}{\delta \eta} \sin \alpha},
$$
(F35)

which can be rewritten as

$$
\sin \alpha \cot \Theta + \cos \alpha = \frac{\delta \eta}{\text{Re}(\Gamma)}.
$$
 (F36)

For a fixed $\delta \eta$, the minimum time can be obtained when the left-hand term is maximum, which is the same as the Markovian case, i.e., $\alpha = \frac{\pi}{2} - \Theta$. With this optimal initial state, we have $\text{Re}(\Gamma) = \delta \eta \sin \Theta$. Recalling the definition of Γ, one can obtain

$$
\int_0^{\tau} \frac{8\gamma_0 \lambda \sinh\left(\frac{1}{2}dt'\right)}{d \cosh\left(\frac{1}{2}dt'\right) + \lambda \sinh\left(\frac{1}{2}dt'\right)} dt' = \delta \eta \sin \Theta, \quad \text{(F37)}
$$

which can be further solved as

$$
\left(1 - \frac{\lambda}{d}\right) e^{-\frac{1}{2}(d+\lambda)\tau} + \left(1 + \frac{\lambda}{d}\right) e^{\frac{1}{2}(d-\lambda)\tau} = 2e^{-\frac{1}{8}\delta\eta\sin\Theta}.
$$
\n(F38)

3. Parallel dephasing

Now we consider the dephasing model, in which the dynamics can be written as

$$
\partial_t \rho = -i \left[\frac{1}{2} \omega_0 \sigma_z, \rho \right] + \frac{\gamma}{2} (\sigma_z \rho \sigma_z - \rho).
$$
 (F39)

In this case M reads

$$
\mathcal{M} = \begin{pmatrix} -2\gamma & \omega_0 & 0 \\ -\omega_0 & -2\gamma & 0 \\ 0 & 0 & 0 \end{pmatrix}, \tag{F40}
$$

and \vec{q} is a zero vector. Then the dynamics of the Bloch vector reads

$$
r_x(t) = e^{-\gamma t} [\cos(\omega_0 t) r_x(0) - \sin(\omega_0 t) r_y(0)],
$$

\n
$$
r_y(t) = e^{-\gamma t} [\cos(\omega_0 t) r_y(0) + \sin(\omega_0 t) r_x(0)], \quad \text{(F41)}
$$

\n
$$
r_z(t) = r_z(0).
$$

Rewriting the initial state as Eq. [\(F16\)](#page-14-0), the solutions reduce to

$$
r_x(t) = \eta e^{-\gamma t} \sin \alpha \cos(\omega_0 t + \varphi),
$$

\n
$$
r_y(t) = \eta e^{-\gamma t} \sin \alpha \sin(\omega_0 t + \varphi),
$$
 (F42)
\n
$$
r_z(t) = \eta \cos \alpha.
$$

Since the purity $\text{Tr}(\rho^2) = \eta^2 (e^{-2\gamma t} \sin^2 \alpha + \cos^2 \alpha)$, the inner product between the initial and evolved states is

$$
\vec{r}(0) \cdot \vec{r}(t) = \eta^2 [e^{-\gamma t} \cos(\omega_0 t) \sin^2 \alpha + \cos^2 \alpha].
$$
 (F43)

Hence, S is of the form

$$
S = \left\{ \vec{r}(\alpha) \vert \cos \Theta = \frac{1 - [1 - e^{-\gamma t} \cos(\omega_0 t)] \sin^2 \alpha}{\sqrt{1 - (1 - e^{-2\gamma t}) \sin^2 \alpha}}, \exists t \right\}.
$$
\n(F44)

To provide the regime of α in S, we need to solve sin² α in the constraint condition in Eq. [\(F44\)](#page-15-0). Rewrite it as

$$
x_1^2 y^2 + (\cos^2 \Theta x_2 - 2x_1) y + \sin^2 \Theta = 0, \tag{F45}
$$

where $y = \sin^2 \alpha$, $x_1 = 1 - e^{-\gamma t} \cos(\omega_0 t)$ and $x_2 = 1$ $e^{-2\gamma t}$. The general solution for the equation above is

$$
y_{\pm} = \frac{1}{x_1} - \cos^2 \Theta \frac{x_2}{2x_1^2} \pm \frac{\cos \Theta}{2x_1^2} \sqrt{\cos^2 \Theta x_2^2 + 4x_1^2 - 4x_1x_2}.
$$

To know if the expression of y_{\pm} is exactly equivalent to Eq. [\(F44\)](#page-15-0) [since Eq. (F45) may bring extra solutions], the sign of

$$
1 - x_1 y_{\pm} = \frac{\cos \Theta}{2x_1} (\cos \Theta x_2 \mp \sqrt{\cos^2 \Theta x_2^2 + 4x_1^2 - 4x_1 x_2})
$$

needs to be checked to see if it coincides with $\cos \Theta$. In the case that $\cos \Theta \geq 0$, $1 - x_1y_$ is always positive and $1 - x_1y_+$ is only positive when $\cos(\omega_0 t) > e^{-\gamma t}$, which means Eq. [\(F44\)](#page-15-0) for $\cos \Theta \ge 0$ is actually equivalent to

$$
\sin^2 \alpha = \begin{cases} y_-, & \text{for } \cos(\omega_0 t) \leq e^{-\gamma t}, \\ y_\pm, & \text{for } \cos(\omega_0 t) > e^{-\gamma t}. \end{cases} \tag{F46}
$$

Using a similar analysis, one can see that for $\cos \Theta < 0$ Eq. [\(F44\)](#page-15-0) is equivalent to

$$
\sin^2 \alpha = y_- \tag{F47}
$$

when $cos(\omega_0 t) \leq e^{-\gamma t}$ and no solution exists for other values of *t*.

Now we discuss the existence of solutions for *t* using Eqs. (F46) and (F47) instead of Eq. [\(F44\)](#page-15-0). The solutions for *t* exist only when y_{\pm} is real and within the regime (0,1] for some values of *t*. The requirement for real solutions is $x_2^2 \cos^2 \Theta$ – $4x_1x_2 + 4x_1^2 > 0$, which cannot always be satisfied for any value of *t*. When $t \to 0$, $x_2^2 \cos^2 \Theta - 4x_1x_2 + 4x_1^2$ reduces to $4\gamma^2 t^2(\cos^2 \Theta - 1) < 0$, indicating that no state can fulfill the target angle in an extremely small time. Furthermore, when $t \to \infty$, $x_2^2 \cos^2 \Theta - 4x_1x_2 + 4x_1^2$ reduces to $\cos^2 \Theta$ 0. Therefore, the solution of time must be larger than the time (t_c) that first let $x_2^2 \cos^2 \Theta - 4x_1x_2 + 4x_1^2$ be zero. Around the time t_c , y_{\pm} reduces to

$$
y_{\pm} = \frac{1}{x_1(t_c)} \left(1 - \frac{x_2(t_c)}{2x_1(t_c)} \cos^2 \Theta \right) \approx \frac{2}{x_2(t_c)} - \frac{1}{x_1(t_c)}.
$$
 (F48)

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For a not very large γ , t_c always satisfies $\cos(\omega_0 t_c) < e^{-\gamma t_c}$, which immediately gives $x_1(t_c) > x_2(t_c)$; then one can see that

$$
y_{\pm} \geqslant \frac{1}{x_2(t_{\rm c})} \geqslant 1. \tag{F49}
$$

Furthermore, in the same regime that $cos(\omega_0 t) \leq e^{-\gamma t}$ can be satisfied, $x_1(t) > x_2(t)$ always holds, which gives

$$
y_{-} \geqslant \frac{1}{x_{1}} - \cos^{2} \Theta \frac{x_{2}}{x_{1}^{2}} \tag{F50}
$$

for cos $\Theta \ge 0$ and $y_-\ge 1/x_1$ for cos $\Theta < 0$. These two lower bounds can be both lower than 1 for a proper time. Hence, the value of *y*[−] in this regime will continuously reduce to some value smaller than 1 from the time t_c , which means the first cross point between *y*[−] and the regime (0,1] has to be at 1, which corresponds to the shortest time solution for Eqs. (F46) and (F47). At this point, the constraint in Eq. [\(F44\)](#page-15-0) reduces to $\cos \Theta = \cos(\omega_0 t)$, which immediately gives the QSL as

$$
\tau = \frac{\Theta}{\omega_0}.\tag{F51}
$$

For example, in the case that $\Theta = \pi/2$, the constraint in Eq. (F46) reduces to

$$
\sin^2 \alpha = \frac{1}{1 - e^{-\gamma t} \cos(\omega_0 t)}.
$$
 (F52)

For a not very large γ , the smallest value of the right-hand side expression is $[1 + \exp(-\gamma \pi/\omega_0)]^{-1}$, which can be reached at $t = \pi/\omega_0$. And it is obvious that its value can be larger than 1; therefore, the regime of $\sin^2 \alpha$ in which the above equation has solutions for *t* is $\sin^2 \alpha \in [(1 + e^{-\frac{\gamma \pi}{\omega_0}})^{-1}, 1]$, which directly leads to the regime of α in β as

$$
\alpha \in \left[\arcsin\left(\frac{1}{\sqrt{1+e^{-\frac{\gamma\pi}{\omega_0}}}}\right), \pi - \arcsin\left(\frac{1}{\sqrt{1+e^{-\frac{\gamma\pi}{\omega_0}}}}\right)\right],
$$

and the QSL is $\tau = \pi/(2\omega_0)$.

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